



## Northwestern Medicine

[Online Expectant Parent Education](#)

**Understanding Birth**

**Understanding Breastfeeding**

**Understanding Your Newborn**

\* Registration can be completed online at <https://classes.nm.org/wlp2/classes/search> or by contacting Health Resources at 877-926-4664.

**Infant CPR-** Online classes available

<https://www.redcross.org/take-a-class/cpr/performing-cpr/child-baby-cpr>

## Additional Resources

### **National Poison Center Hotline**

[www.illinoispoisoncenter.org](http://www.illinoispoisoncenter.org)  
[www.illinoispoisoncenter.org/my-child-ate](http://www.illinoispoisoncenter.org/my-child-ate)  
800-222-1222  
Poison advice from experts.

### **Kids in Danger**

[www.kidsindanger.org](http://www.kidsindanger.org)  
Publishes monthly e-newsletter about child product safety, recalls, and legislation.

### **American Academy of Pediatrics**

[www.healthychildren.org](http://www.healthychildren.org)  
Health and safety information for parents, including *Car Safety Seats: A Guide for Families* and SIDS guidelines.

### **CDC: Centers for Disease Control and Prevention**

[www.cdc.gov/safechild/](http://www.cdc.gov/safechild/)  
How parents and caregivers can play a role in protecting children from injuries. List of child prevention topics.

### **Consumer Products Safety Commission**

[www.cpsc.gov](http://www.cpsc.gov)  
800-638-CPSC  
Comprehensive listing of product recalls.

### **Juvenile Products**

#### **Manufacturers Association**

[www.jpma.org](http://www.jpma.org)  
[www.babysafetyzone.org](http://www.babysafetyzone.org)  
Information about infant safety and products.

#### **Make Safe Happen**

[www.makesafehappen.com](http://www.makesafehappen.com)  
Safety tips by age, location and risk category.  
Download the app for additional checklists and set reminders.

### **Ann & Robert H. Lurie Children's Hospital**

312-227-7081  
Free certified car seat inspections by appointment

**National Highway Traffic Safety Administration  
(NHTSA)**

[www.nhtsa.gov](http://www.nhtsa.gov) or [www.safercar.gov](http://www.safercar.gov)

888-327-4236

Car seat recalls, certified car seat inspection stations,  
and car seat ease-of-use ratings.

**Chicago Fire Department  
Public Education Unit**

312-747-6691

Free certified car seat inspections by appointment.