

Nutrition Consultations Available



As part of our SurviveWell Program, a registered dietitian is available to discuss specific questions and concerns with patients at Northwestern Medicine Lake Forest Hospital Cancer Center and Northwestern Medicine Cancer Center Grayslake.

At these consultations, patients may receive:

Screenings and assessment to establish nutrition goals and identify risks

Education about minimizing and coping with treatment side effects that may lead to weight loss, dehydration and an overall decrease in energy

Practical suggestions to help meet individual nutritional needs

Suggestions for family or caretakers to help patients maximize nutrition intake and quality of life

Follow-up care as needed throughout treatment

There is no cost for this service.

For questions or to schedule an appointment, call 847.582.2134.

SurviveWell Programs provide information, resources and expertise in prevention, wellness and navigating survivorship for all patients and families affected by a cancer diagnosis.

