



## Women's Epilepsy Program

**The Women's Epilepsy Program at the Comprehensive Epilepsy Center is designed to care for women with epilepsy and seizure disorders in every stage of their lives.**

We are proud to be one of the only institutions in the region with a specialized program for women with epilepsy.

Every woman who has been diagnosed with epilepsy or a seizure disorder will benefit from a comprehensive evaluation with a physician trained in the treatment of women's epilepsy. The Women's Epilepsy Program is led by Elizabeth Gerard, MD, a nationally recognized expert in the care of women with seizure disorders. We collaborate closely with your primary care physician, OB/GYN and neurologist to provide comprehensive care.

Our program is designed to address how epilepsy may affect you as a woman throughout your life. Seizures in women can be directly influenced by the menstrual cycle, menopause and other hormonal fluctuations. Seizure medications can interact with hormonal contraception, hormone replacement and fertility treatments. It is also important to understand the effect of seizures and medications on pregnancy and to plan for your pregnancy in advance.

Counseling topics regularly discussed in our clinic include how epilepsy and seizure medications relate to the following:

- Pregnancy
- Breastfeeding
- Newborn care
- Menstrual cycle
- Contraception
- Fertility treatments
- Menopause
- Hormone replacement
- Bone Health

*Please note: Our clinic is a complement to your regular care with an OB/GYN. We do not provide OB/GYN services.*

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Elizabeth Gerard, MD  
*Director*

### **Comprehensive Epilepsy Center**

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