

At Northwestern Medicine, the neurosciences team provides comprehensive care for persons with brain and spinal cord disorders. Efforts to reduce the occurrence of these injuries include educational programs available to school or community groups. For more information, call the Injury Prevention Team at 630.933.1934.

- ThinkFirst For Teens\* 630.208.3986  
Injury prevention for grades 9-adult
- ThinkFirst For Kids\* 630.933.3411  
Injury prevention for grades 1-3
- ThinkFirst For Youth\* 630.933.1934  
Injury prevention for grades 4-8
- Parents Think Prevention 630.933.1934  
Programs for parents and adult groups
- Ride Safe 630.933.4234  
Helmet use and bike safety for young children
- Child Car Seat Safety 630.933.4234  
Teaching correct use of safety seats
- TTY for the hearing impaired 630.933.4833

\*The Northwestern Medicine ThinkFirst Chapter offers programs of the ThinkFirst National Injury Prevention Foundation, founded by America's neurosurgeons.

These injury prevention programs are funded in part by the Illinois Department of Transportation and through the generous donations from individuals, businesses, foundations and other organizations. For more information or to make a donation, please contact the Cadence Health Foundation, part of Northwestern Medicine, at 630.933.4483 or visit our website at [cadencehealth.org/giving](http://cadencehealth.org/giving).



**Northwestern Medicine Central DuPage Hospital**  
25 North Winfield Road  
Winfield, Illinois 60190  
630.933.1600

**Northwestern Medicine Delnor Hospital**  
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Geneva, Illinois 60134  
630.208.3000

TTY for the hearing impaired 630.933.4833

[cadencehealth.org](http://cadencehealth.org)



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# ThinkFirst For Kids

A Comprehensive Brain and Spinal Cord Injury Prevention Program for Grades 1-3



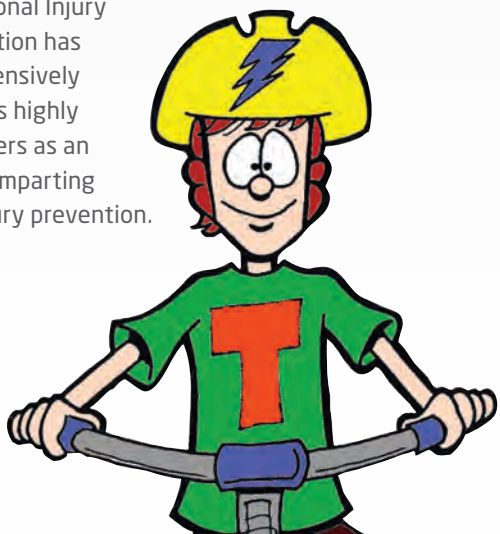
Learn to "THINK FIRST" with Street Smart, the Safety Superhero

# Injuries are preventable

Injuries are the leading cause of death and disability in children and young adults. Most of these injuries are preventable, if children learn to make safe choices.

Since 1990, our award-winning ThinkFirst For Teens brain and spinal cord injury prevention program has been presented to more than 190,000 teens in our local schools. To encourage the development of safe habits at a younger age, ThinkFirst For Kids was established in 1996.

ThinkFirst For Kids is a classroom safety program for grades 1-3. Founded by America's neurosurgeons, the ThinkFirst National Injury Prevention Foundation has developed this extensively tested program. It is highly acclaimed by teachers as an invaluable tool for imparting the message of injury prevention.



## Education Leads to Safe Choices

ThinkFirst For Kids provides an excellent means of educating students in injury prevention without consuming a lot of valuable classroom time.

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### All components of an effective program include:

The lifelike "Street Smart" robot kicks off the program with an entertaining and thought-provoking assembly.

A 12-minute animated video starring "Street Smart" and his friends helps children see the importance of safe choices.

Lessons, cartoon pages, posters and worksheets developed for each safety module make it easy for teachers to integrate safety into existing lesson plans.

Parent information and home worksheets facilitate continued practice at home.

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### Weekly modules for grades 1, 2 and 3 focus on:

Understanding the brain and spinal cord

Vehicle safety (seat belts, booster seats and bus safety)

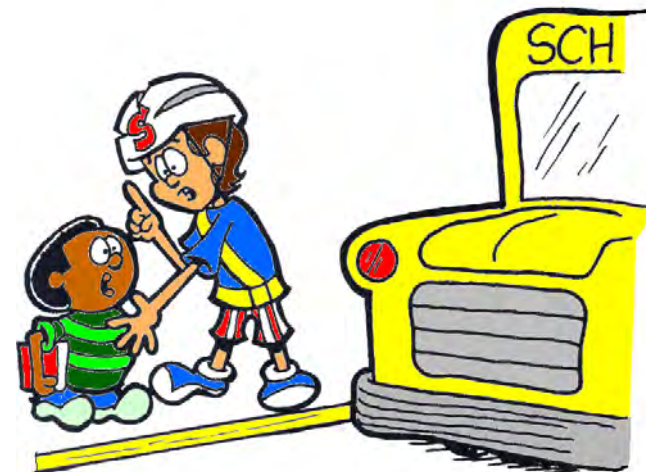
Bicycle, skateboard, scooter and in-line skating safety (helmets)

Playground and recreational safety

Water safety

Violence prevention; bullying prevention

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## Achieving Illinois Learning Standards

ThinkFirst For Kids will help your school accomplish portions of the Illinois Learning Standards set forth by the Illinois State Board of Education, specifically, State Goal 22: *Understand principles of health promotion and the prevention and treatment of illness and injury.*

## Make Your School a Safe School

ThinkFirst For Kids is available for your elementary school. Plan now for the current or following school year. To obtain the curriculum and schedule an assembly, contact the Northwestern Medicine ThinkFirst For Kids Program at 630.933.3411. TTY for the hearing impaired 630.933.4833.

### Safety is a necessary lesson

Brain and spinal cord injuries are disabling, devastating, costly and permanent.

Since there are no cures for brain or spinal cord injuries, education is vital for preventing their occurrence.

ThinkFirst For Kids helps children learn to "Think First" to protect their body now and throughout their lives.