



M Northwestern
Medicine[®]
Central DuPage Hospital

 Ann & Robert H. Lurie
Children's Hospital of Chicago[®]

Pediatric Feeding Clinic

**Northwestern Medicine
Central DuPage Hospital**
25 North Winfield Road
Winfield, Illinois 60190
800.543.7362 (1.800.KIDS-DOC)

TTY for the hearing impaired, 800.526.0844

nm.org



For healthcare information at your
fingertips, download the MyNM app today.



20-936/0120/500

© 2020 Northwestern Medicine. All rights reserved.



The Pediatric Feeding Clinic at Ann & Robert H. Lurie Children's Hospital of Chicago at Northwestern Medicine Central DuPage Hospital is a multidisciplinary program dedicated to providing individualized, comprehensive care for children with complex feeding disorders.

Individualized care for complex needs

If your infant or child has feeding or swallowing difficulties, we can help. After our initial triage process, we will determine a diagnostic and treatment plan best suited to meet your child's and family's needs.

Some diagnoses and underlying conditions that may lead to feeding issues

Picky eating and food selectivity

Food/drink refusal

Difficulty or inability to chew or swallow

Limited self-feeding skills

Recurrent gagging or vomiting

Coughing/choking/gagging with feeding

Mealtime behavior challenges

Poor/slow weight gain

Tube-feed weaning

Developmental delays and/or disorders

Prolonged and problematic infant feedings

Meet the team

The medical professionals on the pediatric feeding team are committed to providing compassionate care and support for children and their families.

Mark H. Fishbein, MD*, is medical director of the Pediatric Feeding Clinic at Central DuPage Hospital. Dr. Fishbein is a pediatric gastroenterologist at Ann & Robert H. Lurie Children's Hospital of Chicago and an associate professor of Pediatrics at Northwestern University Feinberg School of Medicine. He co-authored *Food Chaining: The Proven 6-Step Plan to Stop Picky Eating, Solve Feeding Problems, and Expand Your Child's Diet*, and his research interests include parental stress and outcomes associated with childhood feeding disorders. Dr. Fishbein attended medical school at University of Illinois at Chicago and completed his pediatric residency and fellowship at University of Chicago.

Diana Daniak, MS, CCC-SLP/L, has more than 10 years of experience as a speech therapist specializing in pediatric feeding/swallowing therapy. She has worked in a variety of pediatric hospitals in the Chicagoland area, servicing both outpatients and inpatients, including very fragile infants and children. She has experience caring for patients with tracheostomies, ventilator dependency, Down syndrome and cardiac issues as well as follow-up care for patients from the neonatal intensive care unit. Her areas of expertise include infants with dysphagia, children who have oral-motor or chewing impairments, and children with medical complexities impacting feeding. Diana is also an educator who has lectured in the Chicagoland area over the last two years.

Kate Benton, PhD, is a pediatric psychologist who provides consultative, diagnostic and treatment services at Central DuPage Hospital as part of the physician-led Pediatric Feeding Clinic and

Developmental and Behavioral Pediatrics team. She has clinical expertise in areas such as infant mental health, developmental delay, diagnosis of autism spectrum disorders, feeding disorders, and identification and treatment of social/emotional and behavioral concerns in young children. Dr. Benton received her doctoral degree from Loyola University Chicago and completed her post-doctoral training in developmental and behavioral pediatrics at Illinois Masonic Medical Center.

Nicole Nalepa, RD, LDN, has more than 15 years of clinical experience in medical nutrition therapy in both inpatient and outpatient settings. Her clinical expertise includes pediatric/neonatal nutrition, feeding disorders and specialized diets for neurological disorders. Nicole has a passion for helping families address complex nutrition issues.

Patti Ideran, OTR/L, CEIM, has more than 35 years of experience in pediatric occupational therapy and has specifically focused on the treatment of infants and toddlers for the past 15 years. She is certified in Brazelton Institute's Newborn Behavioral Observations and in the Neurodevelopmental Treatment Approach in pediatrics, and is a certified educator of infant massage. Her areas of expertise include colic, infants with crying, sleeping and feeding difficulties; infants and toddlers with feeding disorders; and sensory processing disorders in infants and toddlers.

Betsy Binder, MOTR/L, CEIM, has 7 years of experience in pediatric occupational therapy working with infants through school-age children, including 5 years of experience working in the neonatal intensive care unit. She is a certified educator of infant massage. Her areas of expertise include children with feeding difficulties, infants and children with sensory processing disorders, and fussy babies.

The Pediatric Feeding Clinic is located at:

Pediatric Outpatient Center
Northwestern Medicine
Central DuPage Hospital
25 North Winfield Road
Winfield, Illinois 60190

To request a first-time appointment, call
800.543.7362 (1.800.KIDS-DOC).
TTY for the hearing impaired, 800.526.0844.

Referring providers

Medical professionals interested in referring a patient to the Central DuPage Hospital Pediatric Feeding Clinic, please fax referral to 312.227.9645.

*Ann & Robert H. Lurie Children's Hospital of Chicago at Northwestern Medicine Central DuPage Hospital and Northwestern Medicine Delnor Hospital is a collaborative program between Northwestern Memorial HealthCare and Lurie Children's and its affiliated physician groups. The providers participating in this program are neither agents nor employees of Northwestern Medicine Central DuPage Hospital or Northwestern Medicine Delnor Hospital.

