

Pediatric Outpatient Rehabilitation Services



As a parent, you want your child to lead a full and satisfying life at home and in school. The goal of Pediatric Outpatient Rehabilitation Services at Northwestern Medicine Central DuPage Hospital is to help ensure he or she can.

Our experienced and caring professionals will be with your child every step of the way, using one-on-one therapy and the latest rehabilitation technologies to maximize his or her functional potential.



What to Expect When Your Child Needs Rehabilitation

At Northwestern Medicine Central DuPage Hospital (CDH), we understand that the prospect of your child going through rehabilitation can be a difficult and stressful time for your entire family. We tailor therapy programs to meet your child's individual needs with sensitivity and compassion.

Together with you and your child's referring physician, we will involve your whole family in the rehabilitation process and help address your child's physical, developmental and emotional needs. In addition, your referring physician will receive regular updates on your child's progress.

Complete rehabilitation service

Children of all ages, from newborns to young adults, can experience a delay or interruption in normal growth and development as a result of illnesses, injuries, birth defects or other conditions. Common disorders can make it difficult for children to do everyday tasks and can affect their quality of life.

We offer a full spectrum of rehabilitation services for children of all ages. Depending on your child's specific needs, rehabilitation may include physical therapy, occupational therapy and/or speech therapy.

Physical therapy helps children achieve developmental milestones, restore functions, such as walking after a serious sports injury, improve mobility, increase strength and relieve pain

Occupational therapy helps children to reach their optimal level of independence in the following areas: activities of daily living, fine motor skills, visual processing and sensory processing

Speech therapy assists children who are having difficulty communicating, understanding, feeding, swallowing and using language

Skilled team approach

Your child will receive care from a team of healthcare professionals who specialize in pediatric patients and are committed to a family-centered care plan. Treatment is provided by certified and licensed therapists who receive continuing education so they are up-to-date on the latest techniques and treatments.



The full resources of Northwestern Medicine are available to meet your child's needs. Specialists also are available for medical consultations through the pediatric program – Ann & Robert H. Lurie Children's Hospital of Chicago at Northwestern Medicine Central DuPage Hospital and Northwestern Medicine Delnor Hospital*.

Excellent care and convenience

Our goal is to provide your child with excellent care and the resources to maximize his or her functional potential.

Convenience is another key to our successful program. Our location at Northwestern Medicine Central DuPage Hospital provides you easy access to hospital resources and has complementary valet parking service and wheelchair assistance.

* Ann & Robert H. Lurie Children's Hospital of Chicago at Northwestern Medicine Central DuPage Hospital and Northwestern Medicine Delnor Hospital is a collaborative program between Northwestern Memorial HealthCare and Lurie Children's and its affiliated physician groups. The physicians participating in this program are neither agents nor employees of Northwestern Medicine Central DuPage Hospital or Northwestern Medicine Delnor Hospital.

Evaluation and enrollment

Individualized treatment programs are based on a thorough evaluation of your child's abilities and impairments. Before this process can begin, your child's physician needs to write a prescription for a comprehensive evaluation. This prescription can be faxed by the physician's office or you can bring it to the first visit.

This evaluation will be performed at CDH and provides an assessment of your child based on his/her physical, motor, sensory, swallowing/feeding, cognitive, language and/or developmental needs. Your child's care plan will then be developed and may include physical, occupational or speech therapy.

Please contact us to schedule an appointment for an evaluation or for more information. Daytime and evening appointments are available.

Northwestern Medicine
Central DuPage Hospital

Outpatient Services

25 North Winfield Road, Winfield

Phone: 630.933.6293/TTY: 630.933.4833

Fax: 630.933.2684





Northwestern Medicine Central DuPage Hospital
25 North Winfield Road
Winfield, Illinois 60190
630.933.1500

TTY for the hearing impaired 630.933.4833

nm.org/rehab

