

Cancer Care Services

# Nutrition Consultations Available



As part of our SurviveWell Program, a registered dietitian is available to discuss specific questions and concerns with patients at Northwestern Medicine Catherine Gratz Griffin Lake Forest Hospital Cancer Center, Northwestern Medicine Cancer Center Grayslake and Northwestern Medicine Cancer Center Glenview.

## At these consultations, patients may receive:

- › Screenings and assessment to establish nutrition goals and identify risks
- › Education about minimizing and coping with treatment side effects that may lead to weight loss, dehydration and an overall decrease in energy
- › Practical suggestions to help meet individual nutritional needs
- › Suggestions for family or caretakers to help patients maximize nutrition intake and quality of life
- › Follow-up care as needed throughout treatment

There is no cost for this service.

For questions or to schedule an appointment, call  
**847.582.2134** (TTY: 711).

**SurviveWell Programs** provide information, resources and expertise in prevention, wellness and navigating survivorship for all patients and families affected by a cancer diagnosis.

