The 6th Annual Chicago Cardiovascular Update Meeting

July 20-22, 2017
Chicago, Illinois

Sponsored by:
Bluhm Cardiovascular Institute - Northwestern Medicine and Northwestern University Feinberg School of Medicine

Endorsed by the American College of Cardiology
We are pleased to invite you to the Sixth Annual Chicago Cardiovascular Update, July 20-22, 2017. Building on our past success and your thoughtful feedback, we are once again bringing to the community a contemporary scholarly update in cardiovascular medicine presented by highly regarded national experts both here at Northwestern University and beyond, in an interactive format that takes advantage of the great summer experiences offered in Chicago.

As has become our profile, we will adopt an evidence-based guideline driven update of the critical domains in cardiovascular medicine. We will especially focus our update on hypertension, prevention, heart failure, atrial fibrillation, valvular heart disease, and acute coronary syndromes. Significant new data and guidelines from 2016 – 2017 will represent the platform for our discussions. We are once again benefitted by the presence of lead authors and writing group committee members who are on our faculty and others with whom we frequently collaborate.

In our two and a half day meeting we have allowed ample time for discussion including small group networking sessions. As before, we will use contemporary audience response technology to allow real-time questions and answers.

We will once again work with the American College of Cardiology (ACC) to obtain access to the General Cardiology MOC module and will incorporate MOC sessions in this year’s program. After completion of this year’s Cardiovascular Update, physicians will be able to claim up to 10 points towards the American Board of Internal Medicine (ABIM) MOC. The cost for this is included in the physician registration fee and we believe that this is a value for all attendees and faculty.

We hope you join us for the Sixth Annual Chicago Cardiovascular Update and that you and your family will share a fabulous summer weekend with us in Chicago.

Our Chicago Cardiovascular Update has become THE cardiovascular CME program to attend over the summer — we look forward to seeing you!

Best regards,

Clyde W. Yancy, MD, MSc, Chair
Charles J. Davidson, MD, Co-Chair
Patrick M. McCarthy, MD, Co-Chair
Learning Objectives
At the conclusion of this activity, participants should be able to:
1. Outline strategies for the treatment of hypertension, hyperlipidemia, ASHD and diabetes, including the use of newer pharmacological agents and lifestyle therapies
2. Identify candidates for cardiac resynchronization and wearable versus implantable cardioverter-defibrillator therapies
3. Appreciate gender specific approaches toward the prevention of cardiovascular disease in women
4. Explain how the use of social media can positively impact cardiovascular health
5. Describe current and emerging treatment options for patients with valvular heart disease
6. List the latest recommendations for the management of pulmonary embolism, ST and non ST elevation MI
7. Discuss treatment options for the heart failure patient including acute and advanced heart failure
8. Apply knowledge gained in conference through clinical case review and MOC cases

Target Audience
This continuing medical education program is designed to meet the educational needs of physicians and all other health care providers who participate in the care of adult patients with, or at risk for cardiovascular disease.

Conference Location
This program will be held at Northwestern Memorial Hospital, Conference Room A on the third floor of the Feinberg Pavilion at 251 E Huron Street, Chicago, Illinois 60611.

Accreditation Statement
The Northwestern University Feinberg School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation Statement
The Northwestern University Feinberg School of Medicine designates this live activity for a maximum of 15.25 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other Credits: The American Academy of Nurse Practitioners and the American Nurses Credentialing Center accept AMA PRA Category 1 Credit(s)™ from organizations accredited by the ACCME.

Hotel
Rooms have been reserved at the Hyatt Centric Chicago Magnificent Mile and will be available for a special symposium rate of $229 (single/double occupancy), plus 17.4% tax. The Hyatt Centric is located at 633 N. St. Clair Street, Chicago IL. Please contact the Hyatt directly at (888) 591-1234 or https://aws.passkey.com/go/6thCardiovascularUpdateMeeting to make your reservations. To receive the reduced room rate, reservations must be made by June 9, 2017 and identify yourself as a registrant of the Northwestern Cardiovascular Update Conference. Reservations made after June 9th are subject to availability at regular hotel rates. The room block may fill prior to the cutoff date, so be sure to make your arrangements early.
Faculty Disclosure
Northwestern University Feinberg School of Medicine requires course directors, speakers, instructors, planners, and other individuals who are in a position to control the content of this activity to disclose any relevant financial relationships. All identified potential conflicts of interest are thoroughly vetted by NUFSM for fair balance, scientific objectivity of studies mentioned in the materials or used as the basis for content, and appropriateness of patient care recommendations. The faculty disclosures will be indicated in the course syllabus.

Course Directors
Clyde Yancy, MD, MSc
Chief, Cardiology
Associate Director, Bluhm Cardiovascular Institute
Vice Dean, Diversity & Inclusion
Magerstadt Professor of Medicine
Professor, Medical Social Sciences
Northwestern University Feinberg School of Medicine

Charles J. Davidson, MD
Clinical Chief, Cardiology
Medical Director, Bluhm Cardiovascular Institute
Professor of Medicine
Vice Chairman of Clinical Affairs
Department of Medicine
Northwestern University Feinberg School of Medicine

Patrick M. McCarthy, MD
Chief, Division of Cardiac Surgery
Executive Director, Bluhm Cardiovascular Institute
Heller-Sacks Professor of Surgery
Northwestern University Feinberg School of Medicine

Invited Faculty
George Bakris, MD
Director, ASH Hypertension Center
University of Chicago Medicine
Professor of Medicine
University of Chicago Pritzker School of Medicine

Mikhail Kosiborod, MD
Director
Cardiometabolic Research Group
Professor of Medicine
Saint Luke's Mid America Heart Institute
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Sharonne N. Hayes, MD
Professor of Medicine and Cardiovascular Diseases
Mayo Clinic School of Medicine

Richard Chazal, MD, MACC
Medical Director, Heart and Vascular Institute Lee Health, Ft. Myers Florida
President American College of Cardiology

Manesh R. Patel, MD
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Chief Division of Cardiology
Co-Director Heart Center
Duke University Health System

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Medical Director, Heart Transplantation and Mechanical Assistance Center for Heart Failure, Bluhm Cardiovascular Institute
Professor of Medicine

Robert O. Bonow, MD, MS
Director, Center for Cardiovascular Innovation
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Goldberg Distinguished Professor of Cardiology

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Cooley Professor of Medicine

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Senior Associate Dean for Clinical and Translational Research
Chair, Department of Preventive Medicine
Director, Northwestern University Clinical and Translational Sciences Institute (NUCATS)
Eileen M. Foell Professor in Preventive Medicine and Medicine-Cardiology

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Bonow Professor of Medicine– Preventive Cardiology

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Associate Professor of Medicine
Thursday, July 20, 2017

1:00 PM  Welcome & Orientation
Clyde Yancy, MD, MSc

Session I Cardiovascular Risk Assessment and Treatment
Moderators: Patricia Vassallo, MD and Clyde Yancy, MD, MSc

1:15 PM  Hypertension: Finally, the guidelines are out; What’s new?
George Bakris, MD

1:35 PM  Dyslipidemia- Who to treat and when
Neil Stone, MD

1:55 PM  Atherosclerotic Cardiovascular Disease-risk reduction therapy; beyond statins
Donald Lloyd-Jones, MD, ScM

2:15 PM  Diabetes- Now we can do something about CVD risk prevention
Mikhail N Kosiborod, MD

2:35 PM  Women and heart disease prevention– Should we do anything different?
Sharonne Hayes, MD

3:05 PM  Case presentations with MOC questions and panel discussion
Panel:  George Bakris, MD
Donald Lloyd-Jones, MD
Mikhail Kosiborod, MD
Neil Stone, MD
Sharonne Hayes, MD
Patricia Vassallo, MD
Clyde Yancy, MD, MSc

3:45 PM  Break and Exhibits

4:15 PM  Session II Updates from the ACC
Rick Chazal, MD
Immediate Past President, ACC

5:00 PM  Question and Answer:
Panel:  Rick Chazal, MD
Clyde Yancy, MD, MSc

5:30 PM  Adjourn

5:30- 8:00 PM  Welcome Reception & Annual
Arthur C. Nielsen Jr. Symposium –
Gallery at GreenRiver

6:00 PM  Arthur C. Nielsen Jr. Memorial Lecture
Using Social Media to Improve Cardiovascular Health
Mintu Turakhia, MD, MAS

Friday, July 21, 2017

Session III Arrhythmias
Moderators: Bradley Knight, MD and Albert Lin, MD

9:00 AM  When to order a wearable defibrillator
Mintu Turakhia, MD, MAS

9:20 AM  Update on the subcutaneous defibrillator
Bradley Knight, MD

9:40 AM  Cardiac resynchronization therapy: indications and implant techniques
Albert Lin, MD

10:00 AM  Direct his-bundle pacing: A new option to consider
Nishant Verma, MD, MPH

10:30 AM  Break and Exhibits

10:45 AM  Case presentations with MOC questions and panel discussion
Bradley Knight, MD
Albert Lin, MD
Mintu Turakhia, MD, MAS
Nishant Verma, MD, MPH

11:45-12:15  Lunch and Exhibits

Session IV Interventional Cardiology Part I
Moderators: Robert Bonow, MD, MS, Charles Davidson, MD and Vera Rigolin, MD

12:15 PM  Percutaneous valve therapies- mitral and aortic
James Thomas, MD &
Charles Davidson, MD

12:45 PM  Percutaneous valve therapies- tricuspid and pulmonary
Stuart Rich, MD & Charles Davidson, MD

1:15 PM  Case presentations with MOC questions and panel discussion
Panel:  Charles Davidson, MD- chair
Mark Ricciardi, MD
Jim Thomas, MD
Jim Flaherty, MD
Stuart Rich, MD
Robert Bonow, MD, MS
Vera Rigolin, MD

2:10 PM  Mini-Keynote
The history of valvular heart disease surgery; from chest to groin
Patrick McCarthy, MD

2:30 PM  Break and Exhibits
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<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>2:45 PM</td>
<td>Featured Lecture- The future of percutaneous coronary interventions</td>
<td>Manesh R Patel, MD</td>
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<td><strong>Session V Interventional Cardiology Part II</strong></td>
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<td>Moderators: Charles Davidson, MD and Mark Ricciardi, MD</td>
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<td>3:15 PM</td>
<td>ST elevation MI; The state of the art</td>
<td>James Flaherty, MD</td>
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<tr>
<td>3:40 PM</td>
<td>NSTEMI MI; The state of the art</td>
<td>Ranya Sweis, MD</td>
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<td>4:05 PM</td>
<td>Sub-massive PE; diagnosis and treatment; The state of the art</td>
<td>Dan Schimmel, MD</td>
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<td>4:30 PM</td>
<td>Panel discussion, case presentations and MOC questions</td>
<td>James Flaherty, MD, Ranya Sweis, MD, Dan Schimmel, MD, Stuart Rich, MD, Charles Davidson, MD, Mark Ricciardi, MD</td>
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<tr>
<td>5:15 PM</td>
<td>Adjourn</td>
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**Saturday, July 22, 2017**

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<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>8:00 AM</td>
<td>Breakfast and Keynote</td>
<td>Clyde W. Yancy, MD</td>
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<td>The 2016/2017 ACC/AHA/HFSA Heart Failure Guidelines; A review</td>
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<td>(Guideline Committee Chair)</td>
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<tr>
<td>9:00 AM</td>
<td>State of the art- heart failure with improved ejection fraction</td>
<td>Jane Wilcox, MD</td>
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<tr>
<td>9:30 AM</td>
<td>State of the art- heart failure with preserved ejection fraction</td>
<td>Sanjiv Shah, MD</td>
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<td>10:00 AM</td>
<td>State of the art- acute heart failure</td>
<td>Esther Vorovich, MD</td>
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<tr>
<td>10:30 AM</td>
<td>State of the art- advanced heart failure</td>
<td>Jonathan Rich, MD</td>
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<tr>
<td>11:10 AM</td>
<td>Case presentations with MOC questions and panel discussion</td>
<td>Panel: Allen Anderson, MD, Duc Pham, MD, Kambiz Ghafourian, MD, Sanjiv Shah, MD, Jane Wilcox, MD, Clyde Yancy, MD</td>
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<tr>
<td>11:55 AM</td>
<td>Closing Remarks</td>
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<td>12:00 PM</td>
<td>Adjourn</td>
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## Registration Categories

### I. Full Conference Registration
(July 20-22, 2017)
- $450 .............................. Physician
- $450 .................... Industry Professional
- $350 ....... Physician of Northwestern Medicine
- $250 .. Nurse, Physician Trainees and Other HCPs

### II. One-Day Conference Registration
(Thursday, July 20, 2017)
- $250 .............................. Physician
- $250 .................... Industry Professional
- $200 ....... Physician of Northwestern Medicine
- $150 .. Nurse, Physician Trainees and Other HCPs

### III. One-Day Conference Registration
(Friday, July 21, 2017)
- $250 .............................. Physician
- $250 .................... Industry Professional
- $200 ....... Physician of Northwestern Medicine
- $150 .. Nurse, Physician Trainees and Other HCPs

### IV. One-Day Conference Registration
(Saturday, July 22, 2017)
- $250 .............................. Physician
- $250 .................... Industry Professional
- $200 ....... Physician of Northwestern Medicine
- $150 .. Nurse, Physician Trainees and Other HCPs

*Physician registration fee includes access to the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) online module. Physicians can earn up to 10 MOC points valid towards the medical knowledge self-assessment requirements.

## How to Register

**ONLINE – cme.northwestern.edu**

OR mail with a check made payable to Northwestern University to:

Northwestern University
Office of Continuing Medical Education
240 E. Huron, Ste. 1-200
Chicago, IL 60611

For questions regarding registration you can email us at cme@northwestern.edu

Registrations will not be accepted by telephone.

**Please type or print**

- **MD**
- **RN**
- **PA**
- **Other _____**

**Last Name:**

**First Name:**

**Address:**

**City:**  
**State:**  
**Zip Code:**

**Daytime Phone:**  
**Fax:**

**E-mail:**

*(your registration confirmation will be emailed)*

**Specialty:**

- **Please indicate any special needs:** ________________________________

- **Please indicate any dietary needs:** ________________________________

**Thursday: Welcome Reception & Arthur C. Nielsen Jr. Symposium**

at the Gallery at GreenRiver  

Yes________  No _________
Northwestern Medicine® is the shared vision that joins Northwestern Memorial HealthCare and Northwestern University Feinberg School of Medicine, in a collaborative effort to transform medicine through quality healthcare, academic excellence, and scientific discovery.

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