
GENERAL INFORMATION FOR GALTER GI ENDOSCOPY

Welcome and thank you for choosing the Endoscopy Center at Northwestern Memorial Hospital for your healthcare needs. If you have any concerns with your care or wait times, please let us know and we will do our best to answer any questions that you may have. The following information includes a few reminders about what to expect during your time with us today.

Pre-Procedure

- Since you are receiving anesthesia for your procedure today:
 - You **MUST** have a responsible adult to pick you up on the 4th floor to take you home today or your procedure will be cancelled. You need to provide your escort's contact information to your nursing staff.
 - You will not be able to drive, drink alcohol or return to work today.
- No drinking within 2 hours of your procedure. No eating (including mints, gum, and hard candy) within 8 hours prior to procedure. Please do not eat or drink anything while you are waiting for your procedure in the GI Lab.
- Your total time in the GI Lab will be between 2 to 4 hours depending on your procedure. This includes admitting process through your recovery in the GI Lab. Please see the reverse side for approximate procedure timetables.
- Please leave your valuables with your escort. Any belongings you have will be placed in a bag and kept with you at all times underneath your procedure cart.
- If you require any special assistance while you are in the GI lab, please let our staff know so that we can help to accommodate. (I.E. language interpreter, walking or dressing assistance, etc.)
- Due to patient privacy, patients will be asked to turn off and put away their cellphone or other electronic devices before going into the procedure room and remain off until you have been discharged from the GI Lab.
- Once an IV is started, you are able to bend your arms as needed.
- You may get up and use the restroom on your own prior to your procedure. Please use your call light if you need assistance in order to use the restroom.
- If you would like an update on the status of your procedure, please do not hesitate to ask by using your call light.
- Your escort will be asked to return back to the Patient Reception once the procedure staff arrive to take you back for your procedure.
- Please notify staff if you would like to have your escort join you in recovery or if you prefer that that remain in the reception areas while you recovery from the procedure and sedation.
- Your GI physician, Anesthesiologist, and Certified Registered Nurse Anesthetists (CRNA) will introduce themselves in the admitting bay and have you provide final consent for today's procedure and anesthesia.

During the Procedure

- Staff will attach monitoring equipment to you once you are in the room, and you will be monitored during the procedure and your recovery. This equipment must remain attached to you until you are discharged from recovery.
- On your way back to the procedure room, your CRNA will begin to administer your anesthesia medications to help you relax and fall asleep.
- You may remember parts of the procedure, but most people do not. Please let your team know if you are uncomfortable.

Recovery

- Your escort may get your/their parking ticket validated at the front desk while waiting for you.
- When your procedure is done, you will remain in recovery for at least 1 hour if you received sedation. If you received general anesthesia, you will recover in PACU first, then return to the lab for an additional hour of recovery.
- If you choose, your escort can be with you in the recovery room while you recover from the procedure and the sedation.

- Only one responsible adult over the age of 18 y.o. will be allowed in the GI Lab recovery room. Special circumstances requiring a translator will allow an additional adult. Children are not allowed in recovery.
- You may still experience effects from the sedation, such as being tired, sleepy, forgetful, and/or you may have impaired judgement for 12-24 hours after your procedure. This is normal.
- Your recovery nurse will review your preliminary procedure results, expectations for the rest of the day, physician follow up instructions, and when you need to call your physician or proceed to the emergency department.
- Make sure that you or your escort has your discharge papers when you leave the GI lab.
- You may be provided with a light snack in recovery depending on your diet instructions from your physician.
- If you have biopsies taken during your procedure, it can take up to 7 days for the results to return. Your doctor or his/her team will contact you with the results within 7 days via MyChart or phone. If you do not hear anything after 7 days, please contact the office via MyChart or phone to follow-up on test results.

ALL TIMING BEGINS WHEN THE PATIENT IS ESCORTED INTO THE GI LAB BY THE NURSE

ALL TIMES ARE APPROXIMATE

Procedure Type	Prep Time	Procedure Time	Recovery Time	Approximate Total Visit Time
Colonoscopy	60 minutes	30 – 45 minutes	1 - 1½ hours	2½ –3 hours
EGD (Upper endoscopy) EGD with dilatation EGD with PEG placement EGD with Bravo placement or Manometry	60 minutes	30 - 45 minutes	1 hour	2½ - 3 hours
EGD with pneumatic dilatation or Esoflip	60 minutes	1 - 1½ hours	2 - 4 hours	4 - 6½ hours
Colonoscopy and EGD	60 minutes	1 hour	1 - 1 ½ hours	3 - 3½ hours
ERCP or EUS upper	60 minutes	1 – 1½ hours	1 – 2½ hours	3 – 5 hours
Enteroscopy (Upper and/or Lower)	60 minutes	1½ - 2 hours (single) 2 – 3 hours (both)	1 – 1½ hours	3½ - 5½ hours
Flexible Sigmoidoscopy (Flex Sig) or EUS lower	60 minutes	30 minutes	1 hour	2 – 3 hours
Manometry, Esophageal	After recovery	30 – 40 minutes	none	45 minutes – 1 hour
24 hour pH study	After recovery	25 minutes	none	30 minutes

*****IF YOU RECEIVE GENERAL ANESTHESIA, YOUR PROCEDURE AND RECOVERY MAY BE LONGER THAN AS STATED ABOVE****