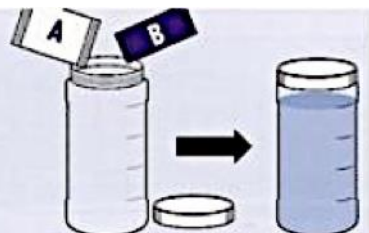
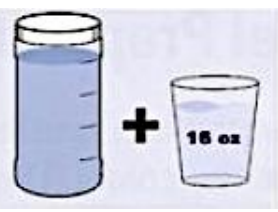


TIMELINE OF YOUR COLONOSCOPY PREPARATION (THE DAY BEFORE YOUR PROCEDURE)

The Day Before Your Procedure	
In the Morning	<p>Prepare the solution as instructed below and refrigerate after the solution has dissolved.</p> <div style="display: flex; align-items: flex-start;"> <div style="flex: 1;"> <ul style="list-style-type: none"> ■ Empty 1 Pouch A and 1 Pouch B into the disposable container ■ Add lukewarm drinking water to the top line of the container. Mix to dissolve </div> <div style="flex: 1; text-align: center;">  </div> </div>
5:00pm	<div style="display: flex; align-items: flex-start;"> <div style="flex: 1;"> <ul style="list-style-type: none"> ■ The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz), until the full liter is complete ■ Drink 16 oz of the clear liquid of your choice </div> <div style="flex: 1; text-align: center;">  </div> </div> <ul style="list-style-type: none"> • Be sure to drink the additional 16oz of clear fluids as instructed. • Prepare the second container in the same way instructed above, and refrigerate.
The Day of Your Procedure	
6 hours Prior to Arrival	<p>Drink the second container and additional water as instructed above beginning 6 hours prior to your arrival time.</p>

PREPARATION TIPS

1. Since the bowel preparation will cause diarrhea, it is important to stay hydrated. Make a conscious effort to drink clear liquids throughout the day to prevent dehydration.
2. Try to drink the preparation with a straw as this may be easier to tolerate.
3. The bowel preparation will result in diarrhea so please plan appropriately.
4. If you start to feel nauseated, you can pause for 20-30 minutes and then begin drinking the solution more slowly. Some patients say that walking around helps relieve their nausea.
5. Be sure to finish the entire prep or else the colon may not clean adequately.
6. Your output/bowel movements should be clear (or yellow) after you've completed the bowel preparation. If you are still seeing stool/brown after completing the 2nd dose, please call our office.

DO NOT FOLLOW THE PREP INSTRUCTIONS ON THE PRODUCT'S BOX OR THAT THE PHARMACY PROVIDES. YOU MUST FOLLOW OUR PREP INSTRUCTIONS AS WRITTEN IN THIS DOCUMENT.