TRILYTE, GOLYTELY, NULYTELY, or COLYTE
PEG 3350
BOWEL PREPARATION

DO NOT FOLLOW THE PREP INSTRUCTIONS ON THE PRODUCT’S BOX OR THAT THE PHARMACY PROVIDES. YOU MUST FOLLOW OUR PREP INSTRUCTIONS AS WRITTEN IN THIS DOCUMENT.

1. In the morning on the day before your exam, add tepid/room temperature water to the “Fill” line on the jug, replace cap, shake vigorously to dissolve the powder, refrigerate.

2. Starting at 4-6 PM the day before the exam, drink 8 ounces of the solution every 10 to 15 minutes until you have drunk half of the solution.

3. Starting 6 hours before your scheduled arrival time, begin to drink the rest of the solution in the same way as the first half: 8 ounces every 10 to 15 minutes.

- It is normal to feel slightly bloated. This will improve as you begin to have bowel movements.
- You will have to drink several glasses before having the first bowel movement.
- If you feel too nauseated to continue, stop drinking for 20-30 minutes then resume at a slower rate.
- Be sure to finish the entire prep or else the colon may not clean adequately.
- It will take approximately 2 hours to drink each half of the prep. Diarrhea will continue for at least an hour afterwards.