

## **BRAVO INSTRUCTIONS**

Appointment Date: \_\_\_\_\_ Time: \_\_\_\_\_

Location: 259 E. Erie St, Lavin Pavilion, 16<sup>th</sup> floor

To schedule, cancel, or reschedule this test, please call: 312.695.5620

### **About the Bravo Test**

The purpose of this test is to analyze the amount of acid exposure that comes into your esophagus during a 96-hour period. At the time of your upper endoscopy, your physician will examine your esophagus, stomach, and duodenum with a flexible video endoscope. During the procedure, you are sedated to help you relax. If there are signs in your esophagus from inflammation due to acid, the Bravo procedure will be canceled. If your esophagus looks normal, your physician will attach the capsule to the lining of the esophagus while you are still sedated. The capsule will remain in the esophagus, transmitting its information to a portable digital data recorder. Some people may feel a slight yet tolerable sensation while the capsule is attached to the esophagus. After a few days, the capsule should fall off and pass eventually through your stomach.

### **Insurance**

To avoid any unforeseen charges, please verify benefits, coverage and preferred location(s)/providers for this procedure with your insurance company. Procedure and diagnosis codes can be found below.

Procedure (CPT) Code: 91035      Diagnosis (ICD-10) Code: \_\_\_\_\_

Our department will assist on obtaining pre-certification/prior-authorization if your insurance requires. Please call your insurance company three days prior to your procedure to verify that you have received authorization. If your procedure has not been approved, please call our pre-certification department at 312.926.3041.

### **Preparation:**

- **If your test is scheduled in the morning, you must not eat or drink anything after midnight the night before the test.**
- **If your test is scheduled in the afternoon, do not eat or drink anything six hours before your test.**
- Please stop taking your PPI (proton pump inhibitor) medication **seven days prior** to the test. PPIs include Prilosec (omeprazole), Prevacid (lansoprazole), Delixant (dexlansoprazole), Achiphex (rabeprazole), Protonix (pantoprazole), Nexium (esomeprazole), and Zegerid.
  - If needed, you may take an H2 blocker (Pepcid, famotidine, Zantac, ranitidine) up until **three days before** the test.
  - You can take Tums up until the evening before your procedure.

**During the Bravo Test:**

- Do not get the recorder wet or damaged.
- You may otherwise maintain your normal activity and diet during the test.
- You will be instructed to keep a diary indicating when you are eating, when you are laying down and when your symptoms occur.
- Once the study is complete, you will return the recorder and diary to the 16th floor of the Lavin Pavilion.

**After the Bravo Test:**

- When you have finished this test, you may resume normal activities.
- Some people may feel a slight yet tolerable sensation while the capsule is attached to the esophagus, but this should resolve after the capsule falls off the esophagus.
- Your results will be available approximately seven business days after your procedure. If you do not receive your results via telephone or MyChart within seven business days, please call your doctor's office.