

Digestive Health Center

WIRELESS MOTILITY CAPSULE (SmartPill) INSTRUCTIONS

Appointment Date: _____ Arrival Time: _____

- Location 259 E Erie St, Lavin Pavilion, 16th floor, Chicago, IL
 675 N Saint Clair St, Galter Pavilion, 4th floor, Chicago, IL

To schedule, cancel, or reschedule this test, please call: (312) 695-5620

Return:

Please return to the clinic by _____ to remove the equipment.

About the Wireless Motility Capsule (SmartPill)

The wireless motility capsule is a disposable device that measures pressure, pH, and temperature as it passes through the body. Once the capsule is swallowed, test data is transmitted to a recorder to provide your physician with the necessary information to evaluate your entire GI tract. In order to capture accurate data, please follow the instructions as written. If you have any questions about the test or your appointment, please contact the office at **(312) 695-5620**.

Preparation for Your Test:

- Notify your physician if you are scheduled for a magnetic resonance imaging test (MRI) following the examination period within 3 days. Please call **(312) 695-5620** if you are unsure.
- If you have a history of bowel obstructions, abdominal radiation, or intestinal surgeries, please notify your ordering physician as this test may not be safe for you.

3 DAYS BEFORE THE TEST

Stop taking the following medications:

3 Days Prior to Your Appointment

Proton Pump Inhibitors	Omeprazole (Prilosec/Zegerid), Esomeprazole (Nexium), Lansoprazole (Prevacid), Pantoprazole (Protonix), Dexlansoprazole (Dexilant) or Rabeprazole (Aciphex)
Histamine-2 Blockers	Cimetidine (Tagamet HB), Famotidine (Pepcid AC), Ranitidine Hydrochloride (Zantac 75), and Nizatidine (Axid)
Motility Medication	Cisapride (Propulsid), Domperidone (Motilin), Metoclopramide (Reglan)
Macrolides	Erythromycin, Clarithromycin, Azithromycin

Laxatives	Tagaserod (Zelnorm), Milk of magnesia, Polyethylene Glycol 3350 (Miralax), Senna, Lubiprostone (Amitiza), Linaclotide (Linzess), Bisacodyl (Dulcolax), and Docusate (Colace)
Anti-spasmodics	Hyoscyamine and Dicyclomine (Bentyl)
5-HT3 Antagonists	Ondansetron (Zofran) and Granisetron (Kytril)

2 Days Prior to Your Appointment

Opiate Pain Medication	Oxycodone, Hydrocodone, Codeine, Hydromorphone, Fentanyl, and Morphine
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1 Day Prior to Your Appointment

Anti-acid Medication	Maalox, Mylanta, TUMS, Gaviscon, and Roloids
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THE DAY OF YOUR TEST

- Do not eat or drink anything 8 hours before your test, with the exception of water. This includes hard candy and gum.
- Take all of your regular medications as scheduled with a sip of water, except for the medications listed above.
- Please arrive 15 minutes before your scheduled appointment time.

Additional Instructions:

During the Wireless Motility Capsule Test

The wireless motility capsule test lasts approximately 3-5 days. The GI Lab technician will explain the test to you and ask you several questions related to your GI symptoms. This test requires no anesthesia or sedation, and allows you to remain ambulatory during this test.

You initial visit is approximately 30-45 minutes with the manometry technician. You will be given a specially designed granola bar for this test to stimulate your digestive system, and then you will be asked to swallow the wireless motility capsule, which will be carried through your gastrointestinal tract by muscle movements in your intestines. You will need to fast again for 6 hours after ingesting the capsule to provide accurate test results. After the 6 hours has passed, you may resume a normal diet.

A data recorder will need to be worn around your waist for the entire test to capture the results. You will be asked to press a button on the recorder to track when you take your medications and when you have a bowel movement. You will keep a log/diary of your eating and sleeping to turn in when you return the monitor, and no appointment is necessary to return the equipment. The manometry technician will give you additional instructions while at the appointment.

After your test, it may take 3-5 days for the capsule to be passed normally through your bowel movements and then is safely flushed down the toilet. You will not need to return this device to your physician's office as it is disposable. Unless instructed differently by your physician, you may resume taking all of your normal medications after your test has been completed. Your test results will be analyzed and a report will be given to your physician within 7 business days of your visit. If you do not receive your results via telephone or MyChart within 7-10 business days, please call your doctor's office.

Transportation and Parking

- Parking for the Lavin location is available within the Lavin building located at 259 E. Erie Street, which is accessible from both Erie and Ontario streets. Bring your parking ticket to the GI lab for validation to receive a discount on your parking deck fee.
- Parking for the Galter Pavilion is located at 222 E. Huron Street. Use second floor bridge to access Galter Pavilion.
- For more information on our parking garage locations, parking deck fees, and a map, please visit www.nm.org.

Insurance and Billing

To avoid any unforeseen charges, please verify benefits, coverage and preferred location(s)/providers for this procedure with your insurance company. Procedure and diagnosis codes can be found below.

Procedure (CPT) Code: 91112

Diagnosis (ICD-10) Code: _____

Prior Authorization

Our prior-authorization department will check with your insurance plan to inquire if a prior-authorization is needed and this will be completed if your plan requires.

- If you have commercial insurance, please schedule your test at least 4 weeks in advance to allow for adequate time for prior authorization to prevent test cancellation or unexpected out of pocket expenses.
- However, please note that a prior-authorization **does not guarantee** payment, and **does not mean** you will not have any out-of-pocket cost after your insurance has paid. To find out if you need to expect to pay anything out of pocket, please call your insurance company and refer to the codes provided.

- Please call your insurance company 3 days prior to your procedure to verify that authorization has been received.
- If your procedure has not been approved, please call our prior-authorization department at 312.926.4645.

Disclaimer: This form does not guarantee coverage. It does not authorize payment for services, including out-of-network services or procedure for which a patient is not covered.

Contact Information

Clinic: 312.695.5620

Procedure Scheduling: 312.926.0628

Pre-Certification: 312.926.4645

Billing: 844.669.2455

Financial counseling/price estimates: 312.926.6906

Hospital: 312.926.9000

Medical Records: 312.926.3376

Digestive Health Fax: 312.695.7095

dhc.nm.org

Notes:
