



Joint Replacement Program

Joint Replacement Recovery

After you've had a knee or hip replacement at Northwestern Medicine Central DuPage Hospital or Northwestern Medicine Delnor Hospital, it's important to find a rehabilitation program that ensures long-term stability for the joint and long-term mobility for you. Northwestern Medicine Home Health (formerly CNS Home Health) therapists work with your doctor to customize a care plan for you, assess your overall health, review medications and conduct home safety evaluations.

The Northwestern Medicine Home Health Joint Replacement Program is designed to provide you with excellent care after your knee or hip procedure. Northwestern Medicine Home Health cares for more than 100 joint replacement patients each month.

We also provide other services, based on your needs, including wound care, home infusion and cardiac medical equipment.

Post-surgery care

BEFORE YOU GO HOME

The Northwestern Medicine Home Care liaison is available to meet with you during your hospital stay and be available to answer any questions you may have regarding home care.

The Northwestern Medicine Home Care liaison can review all pertinent information regarding your medical history, surgical procedure and post-operative care and report it to your home health team.

Needed equipment can be identified and ordered.

24-Hour Clinical Coverage

Please call us at 630.665.7000.

TTY for the hearing impaired 630.933.4833

cnshomehealth.org

AFTER YOU GO HOME

A registered nurse will assess your overall health, review medications and comfort level, and evaluate the surgical incision.

The nurse and therapist will tailor a home program to meet your specific needs. It will include physical therapy and occupational therapy if needed.

We will conduct a home safety evaluation and make recommendations for making your environment safer during recovery.

Lab work will be performed as ordered to monitor blood-thinning medications. Results will be reported to your physician.

When it is time for you to start outpatient therapy, we can provide assistance in determining your needs and preferences.

We will communicate regularly with your physician.

Joint Replacement Program (continued)

Quick Facts

High Patient Satisfaction

Northwestern Medicine Home Health & Hospice (formerly CNS Home Health & Hospice) received the Professional Research Consultants (PRC) Award for Overall Quality of Care in the 100th Percentile.¹

Rate of Hospitalization

Patients receiving Northwestern Medicine Home Health services are 20 percent less likely to be hospitalized than patients receiving care from another home care agency.

The Northwestern Medicine Home Health hospital admission rate is below the national average. The Northwestern Medicine Home Health readmission rate is 8.83 percent compared to the national benchmark of 12.51 percent.²

Fully accredited:

Northwestern Medicine Home Health & Hospice is accredited by The Joint Commission and certified by the state of Illinois to participate in the Medicare/Medicaid program.

A preferred provider

Northwestern Medicine Home Health & Hospice is the preferred provider for Northwestern Medicine Central DuPage Hospital and Northwestern Medicine Delnor Hospital.

Affiliations for Nursing Excellence

Northwestern Medicine Home Health & Hospice patients come from a seven-county region and benefit from affiliations with Northwestern Medicine Central DuPage Hospital and Northwestern Medicine Delnor Hospital campuses, including their highly trained nursing staffs, which earned Magnet® recognition for nursing excellence from the American Nurses Credentialing Center's (ANCC) Magnet Recognition Program.³

¹ Source: Professional Research Consultants (PRC), a national database for health care organizations. Data from FY2014.

² Source: Strategic Healthcare Programs (SHP), a national database for thousands of home health agencies. Data from FY2014

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