

The Running Medicine Clinic at Northwestern Medicine

Comprehensive subspecialty care for all levels of athletes

Successfully treating runners takes a team of dedicated clinical professionals with extensive experience in working with athletes.

That's why the Running Medicine Clinic at Northwestern Medicine uses a multidisciplinary team of professionals from several different specialties. Our team focuses on patient education, injury prevention, and the diagnosis and treatment of acute and chronic running injuries.

The initial running evaluation includes:

- Assessing your health history with a physician
- Establishing your running goals
- Discussing your injury concerns
- Considering relevant diagnostic testing, such as X-rays, magnetic resonance imaging (MRI) and electromyogram and nerve conduction studies — electrical tests of your nerves and muscles

Our goal is to keep you running. The Running Medicine Clinic has all the tools and resources to help you achieve your goals.

For more information, or to make an appointment, please call 630.225.BONE. TTY for the hearing impaired 630.933.4833.

Additional Information

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The Running Medicine Clinic

Collaborating specialties:

- Sports Medicine
- Orthopaedic surgery
- Chiropractic Medicine
- Physiatry
- Podiatry
- Sports nutrition
- Sports psychology
- Exercise physiology
- Physical therapy

Locations

- Carol Stream
- Geneva
- Glen Ellyn
- Naperville
- St. Charles
- Warrenville
- Wheaton
- Winfield