



You are scheduled for a procedure in Endoscopy Services, please use the Outpatient Services entrance.

There is complimentary valet service available at the circle drive. Upon entering the hospital, the greeter is directly in front of you. The greeter can assist you with directions or provide a wheelchair if needed.

Important phone numbers:

CDH Main Number:	630.933.1600
Endoscopy Services:	630.933.6288
Pre-Procedure:	630.933.6121
Anesthesia Billing Questions	800.242.1131 ext. 5319
Registration:	630.933.5000
Patient Financial Services:	630.933.4833
TTY for hearing impaired	630.933.4833



**Northwestern Medicine
Central DuPage Hospital**
25 North Winfield Road
Winfield, Illinois 60190
630.933.1600

TTY for the hearing impaired 630.933.4833

nm.org



Preparing for Your Endoscopy Procedure

Northwestern Medicine
Central DuPage Hospital



Welcome to
Northwestern Medicine
Central DuPage Hospital
Endoscopy Services.
Your safety and
comfort are our primary
concern and we want
your procedure to be a
positive experience.

Patient Information

Prior to your procedure date, one of our experienced pre-procedure nurses will call you to discuss your health history. Please allow 30 minutes for this call.

Please have the following information ready:

A list of your medications including any prescription and over-the-counter medications and supplements

Instructions from your physician’s office regarding preparation and medications

If you have not received a call three days prior to your procedure, please call 630.933.6121.

Pre-admission testing

Based on your health history, additional testing may be necessary on the day of your procedure.

Pre-op instructions

One business day before your scheduled procedure, you will receive a call between 9:30 am and 2:00 pm to let you know of your arrival time, approximate procedure time and fasting instructions.

Please remember you are receiving only an approximate time for your procedure, which may change due to unforeseen circumstances.

If you have missed or not received a call by 4:00 pm, please call Endoscopy Services at 630.933.6704.

Before your procedure

If you develop any symptoms of illness, experience any significant changes in your health or need to cancel your procedure, please contact your gastroenterologist’s office.

Confirm that you have a responsible adult over the age of 18 to drive you home and stay with you overnight on the day of your procedure.

If you are having a colonoscopy, do NOT eat any solid foods the day before your procedure. Complete your bowel preparation as instructed by your physician. If unable to finish the bowel prep or if you vomit, please call your gastroenterologist’s office.

On the day of your procedure

Prior to your procedure

Please be available by phone. Occasionally, procedure times are adjusted, and we may need to contact you.

Do NOT eat any solid foods, including gum, candy and mints.

Do not drink any fluids for four hours prior to the scheduled time of your procedure.

When you arrive at Central DuPage Hospital, complimentary valet parking is provided at the Outpatient Services entrance, or you may self-park in Lot 1 (outside) or Lot 2 (attached garage).

Take the elevator to the to the Lower Level Endoscopy Services Registration desk.



Please have a family member or responsible adult remain at the hospital if you are receiving sedation. If you arrive and do not have someone to drive you home, your procedure will be cancelled. Taking an Uber, taxi or bus is not allowed.

Please arrive at the hospital one hour prior to your scheduled procedure time, unless instructed otherwise.

After your procedure

After your procedure, you will be moved to a recovery area. You will remain in recovery until your vital signs are stable, any pain or nausea are addressed, and you have a light snack.

You will be in the Recovery Area for approximately 30 to 45 minutes after your procedure.

Due to the lingering effects of the anesthesia, you may not remember the physician speaking to you, so your physician will speak to your family member or responsible adult following the procedure.

Due to the lingering effects of anesthesia, you must have someone drive you home.

You will not be able to return to work after sedation/ anesthesia on the day of the procedure.

General instructions

Bring a picture ID and insurance card.

Wear comfortable clothing.

Avoid wearing makeup, jewelry or contact lenses.

Bring glasses, if needed for reading.

Leave all valuables and money at home.

Procedure checklist

- ☐ Arrive at the hospital at ____ am/pm
- ☐ My procedure is scheduled at ____ am/pm
- ☐ I can brush my teeth on the morning of my procedure
- ☐ I can take medications with a small sip of water on the morning of my procedure

If you have additional questions, please contact Central DuPage Hospital Endoscopy Services, Monday - Friday, 7:00 am - 5:30 pm at 630.933.6288. Voicemail available after hours.