Dear expectant parent,

Congratulations on the upcoming addition to your family—and thank you for choosing Women and Children’s Services at Northwestern Medicine Central DuPage Hospital and Northwestern Medicine Delnor Hospital as a partner for this incredible journey into parenthood.

This guide provides helpful information about the many services and amenities available to you at Central DuPage Hospital and Delnor Hospital.

We are committed to providing an excellent experience for mothers, fathers, infants and families by balancing advanced technology with sensitive, attentive care from physicians, nurses and other hospital professionals. In addition, the Ann & Robert H. Lurie Children’s Hospital of Chicago at Northwestern Medicine Central DuPage Hospital and Northwestern Medicine Delnor Hospital* offers advanced neonatal specialty care right here in the western suburbs.

For more information, please visit nm.org/cdhamaternity or nm.org/delnormaternity. Wishing you all the best, from our family to yours!

* Ann & Robert H. Lurie Children’s Hospital of Chicago at Northwestern Medicine Central DuPage Hospital and Northwestern Medicine Delnor Hospital is a collaborative program between Northwestern Memorial HealthCare, and Lurie Children’s Hospital of Chicago and its affiliated physician groups. The physicians participating in this program are neither agents of nor employed by Northwestern Medicine Central DuPage Hospital or Northwestern Medicine Delnor Hospital.
“A new baby is like the beginning of all things – wonder, hope, a dream of possibilities.”

- Eda J. Le Shan
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Women and Children’s Services at Northwestern Medicine Central DuPage Hospital and Northwestern Medicine Delnor Hospital offer a wonderful way to welcome and begin bonding with your newborn. Our hospitals feature labor, delivery and recovery rooms and private suites designed for your care, comfort and peace of mind. These mother-baby suites also include space to begin caring for your infant in your room.

Our amenities make your stay more comfortable for both you and your loved ones. From our hospital gift shops and full-service cafeterias to our free wireless internet, we are here to make your time with us soothing, convenient and memorable.
For your care, comfort and convenience

<table>
<thead>
<tr>
<th>Mother-Baby Suites</th>
<th>Advanced Medical Care Services</th>
<th>24-Hour Nursery Staffed by Neonatologists and Registered Nurses</th>
<th>Security</th>
<th>TV and Internet</th>
<th>Special Amenities</th>
<th>Lounges</th>
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<tbody>
<tr>
<td>• Private suites with spacious closets or foot walls with built-in closets</td>
<td>• Private bath/shower with hair dryer, shampoo, conditioner and lotion</td>
<td>• Level III Neonatal Intensive Care Unit (NICU) at Central DuPage Hospital staffed 24 hours a day by Lurie Children’s neonatologists, and specially trained registered nurses and therapists</td>
<td>• Locked unit with state-of-the-art security system, including access control and cameras for all exits and entrances</td>
<td>• Flat-panel televisions</td>
<td>• Room service available</td>
<td>• Family lounges on each wing with coffee machine, ice maker, microwave, tables and upholstered chairs*</td>
</tr>
<tr>
<td>• Overnight sleeping accommodations for support person</td>
<td>• Dining table with upholstered chairs*</td>
<td>• Level II-E Special Care Nursery at Delnor Hospital staffed 24 hours a day by Lurie Children’s neonatologists and/or neonatal nurse practitioners, as well as specially trained registered nurses and therapists</td>
<td>• Infant security system features a tamper-proof, microchip-embedded ankle band that activates an alarm when a baby is near an exit</td>
<td>• English and Spanish educational TV channel with helpful information about infant care</td>
<td>• Complimentary valet parking</td>
<td>• Lounge area outside the labor and delivery and mother-baby units with flat-panel television and public restrooms</td>
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<tr>
<td>• Dining table with upholstered chairs*</td>
<td>• Personalized menu selections each day</td>
<td>• Maternal Fetal Medicine on call 24 hours a day for high-risk pregnancies</td>
<td>• Wireless access to the internet</td>
<td>• English and Spanish educational TV channel with helpful information about infant care</td>
<td>• Guest Services provides patient transport to and from your room</td>
<td>*Only available at Central DuPage Hospital</td>
</tr>
<tr>
<td>• Personalized menu selections each day</td>
<td>• Obstetricians and anesthesiologists on the medical staff available 24 hours a day</td>
<td>• Additional care available from specially trained perinatal nurses, patient care technicians, lactation consultants, social workers, registered dietitians, support coordinators and spiritual care staff</td>
<td>• A password-secured system allows family and friends to see your baby online</td>
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Prenatal care

Prenatal care is important for both you and your unborn baby. Appointments with your physician are essential; these visits are an ideal time to ask questions and ensure you’re well prepared for and confident about the journey ahead. Your prenatal visits are important to your physician because each visit provides information he or she can use to improve the quality of your care. If your physician is part of a larger obstetrics practice, you should plan to meet with each practitioner in that group in case one of those individuals is on call when you deliver.

Comprehensive services for high-risk pregnancies
If you’re facing a high-risk pregnancy, your ability to access a higher level of care takes on a special urgency. As a patient of the maternal fetal practices at Central DuPage Hospital and Delnor Hospital, you will find resources established exclusively to provide excellent high-risk pregnancy care for you and your unborn baby.

Our comprehensive program includes maternal fetal medicine (MFM) specialists, a medical geneticist, genetic counselors, and a team of neonatologists and pediatric specialists through the Lurie Children’s* at Central DuPage Hospital and Delnor Hospital pediatric program. Our compassionate and experienced team of nurses, certified sonographers and clinical support staff will work with you and your family to educate and support you during your pregnancy. In partnership with your obstetrician, we will provide you and your baby with excellent care to support a healthy pregnancy.

Appointments with a maternal fetal medicine (MFM) specialist or genetic counselor require a referral from your obstetrician. If you have questions regarding services or an appointment, please call MFM at 630.933.6091 (Central DuPage Hospital) or 630.938.8300 (Delnor Hospital) or Genetic Medicine at 630.933.6249. TTY for the hearing impaired 630.933.4833.

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Northwestern Medicine Regional Medical Group, Maternal Fetal Medicine

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<tr>
<th>Service</th>
<th>Description</th>
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<tr>
<td><strong>First Trimester Screening</strong></td>
<td>Ultrasound of the fetal heart and select anatomy by a Fetal Medicine Foundation accredited sonographer during the 12th or 13th week of pregnancy. Screens for Down syndrome, other chromosome conditions and birth defects. Results are provided on the same day.</td>
</tr>
<tr>
<td><strong>Detailed (Level II) Ultrasound</strong></td>
<td>Comprehensive ultrasound performed at or around the 20th week of pregnancy that evaluates for genetic conditions, growth, placental health, some birth defects and risk for preterm birth.</td>
</tr>
<tr>
<td><strong>Cell Free Fetal DNA Screening</strong></td>
<td>Blood test done after nine weeks of pregnancy that evaluates fetal DNA in the mother’s blood for abnormalities of chromosomes 21 (Down syndrome), 18, 13 and X.</td>
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<tr>
<td><strong>Genetic Counseling</strong></td>
<td>Licensed genetic counselors perform risk assessment and make personalized screening recommendations. A consultation is recommended for patients over 35 years of age at delivery as well as for patients with a family history of genetic conditions or increased risk on screening.</td>
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</table>
**Answers to some common questions about prenatal care**

**How often will I see my physician?**  
After your initial visit, your appointments may be scheduled once a month, then more frequently as you approach your due date.

**What can I expect at my regularly scheduled prenatal appointments?**  
At each prenatal appointment, you will have your weight and blood pressure checked. You may be asked to give a urine sample. This may be tested to detect excess protein that may indicate preeclampsia, as well as high sugar levels that indicate gestational diabetes. Abdominal exams are done to measure the growth of the uterus, which indicates fetal growth and helps monitor the length of your pregnancy and estimate the size and position of the fetus.

**What information is gathered at my first prenatal appointment?**  
A complete medical history and physical exam may be performed to determine your current state of health, and a pelvic (vaginal) exam may be performed to confirm your pregnancy and to estimate the size of your pelvis. Your physician may do a Pap smear to screen for cervical cancer and may test for sexually transmitted diseases.  
Blood tests may be done to confirm your pregnancy, determine your blood type and Rh factor, and test for anemia (to see if you need more iron) and infection. Your blood may be tested for immunity to German measles, for gestational diabetes and for HIV.  
Your physician will discuss other topics, such as nutrition, exercise, work and travel. Remember that pregnancy is usually a healthy time in a woman’s life. If a concern arises, speak with your physician.

**Other general screenings you may receive at your physician’s office**

**Ultrasound scan**  
Ultrasound scans use high-frequency sound waves to create an image on a screen. They can be used to confirm pregnancy and help estimate the gestational age of your fetus and your due date. They can also determine the position of the baby and placenta.

**Carrier screenings for genetic conditions**  
Most people at risk for these conditions have no family history of them. However, if a blood test shows you are a carrier of one of these genetic traits, there is an increased risk for the condition to appear in your pregnancy.

**Cystic fibrosis**  
Cystic fibrosis affects approximately 1 in 3,000 people and is characterized by breathing and digestive problems, lung infections, poor growth, infertility and a shortened life expectancy.

**Spinal muscular atrophy**  
Spinal muscular atrophy affects roughly 1 in 6,000 people and causes degeneration of the nerves involved in breathing, swallowing and voluntary movements, and often a shortened life expectancy.

**Other conditions**  
All ethnic groups have risk factors for certain genetic conditions. You may be offered screening for other conditions based on your ethnicity or family history.

**Chromosome screenings**  
All pregnancies have some chance of having a chromosome problem. The most common types, such as Down syndrome, are age-related and characterized by an extra chromosome.

**Cell free fetal DNA screening**  
This blood test done after nine weeks of pregnancy evaluates fetal DNA in the mother’s blood for abnormalities of chromosomes 21 (Down syndrome), 18, 13 and X.

**Multiple marker maternal serum screening**  
This blood test performed between the 15th and 22nd week of pregnancy screens for certain chromosome abnormalities. This test is most useful in women who have not had a first trimester screening.
“Of all rights of women, the greatest is to be a mother.”

- Lin Yutang
Perinatal resources

We offer a wide variety of classes, information and support for you and your family.

Tours and classes
To view the most current offerings, visit nm.org/westparentclasses. For pricing information or to register, call 630.933.4234. TTY for the hearing impaired 630.933.4833.

Birthplace Tour
Little Buddies Tour
Understanding Birth
Pregnancy and Labor Comfort Measures
Managing Multiples: Pregnancy and Beyond
Understanding Breastfeeding
Understanding Your Newborn
Grandparenting Today
Boot Camp for New Dads
Babies Need Buddies
Child Car Seat Safety
Prenatal/Postnatal Aquatic Exercise
Prenatal/Postnatal Nurturing Yoga
Mommy and Me Yoga
Family and Friends CPR

Support groups
To view the most current offerings, visit nm.org/westparentgroups. For pricing information or to register, call 630.933.4234. TTY for the hearing impaired 630.933.4833.

Baby Connection
Breastfeeding Connection
Postpartum Connection: Perinatal Mood Disorder (PMD)

Lactation services
To schedule an appointment call 630.933.6407 (Central DuPage Hospital) or 630.938.8878 (Delnor Hospital). TTY for the hearing impaired 630.933.4833.

Additional resources

Online
- NM Parent Connect: Our online resource to guide you through your pregnancy, infancy and first three years. To sign up, visit nm.org/westparentconnect
- Virtual tour of Women and Children’s Services at Central DuPage Hospital: nm.org/cdhbabytour
“A mother understands what a child does not say.”

- Jewish proverb
General information

**Birth certificate**
Please keep this page for future reference after your baby is born.

A certified copy of the birth certificate must be requested from the health department or county clerk. You will receive an application for the certified birth certificate from the hospital. There is a fee that will be indicated on the application. If you do not receive or cannot find your application after leaving the hospital, please contact:

**DuPage County Health Department**  
*(if your baby was born at Central DuPage Hospital)*  
630.407.5500  
dupageco.org

**Kane County Clerk**  
*(if your baby was born at Delnor Hospital)*  
630.232.5950  
co.kane.il.us

**Social Security number**
The law requires that you get a Social Security number for your child. As a courtesy, the hospital will apply for the Social Security number at the same time the birth is registered. You should expect to receive the Social Security number in the mail in three to four months.

**Will I have to pay to receive a Social Security number?**
There is no charge for a Social Security card and number. If you are contacted by somebody who wants to charge you for a card or number, or for any Social Security service, please be aware that the same services are available at no cost from the Social Security Administration.

**Other important Social Security information**
When you apply for a Social Security number, all information you provide is kept strictly confidential and is not disclosed except as provided for under the law. For more information about Social Security, contact your nearest Social Security office. You can call the Social Security Administration toll-free at 800.772.1213 from 7 am to 7 pm, Monday through Friday, except holidays. The Social Security Administration treats all inquiries confidentially, whether they're made to the toll-free number or to a local office.
Your hospital stay
Thank you again for choosing Central DuPage Hospital or Delnor Hospital for the birth of your baby. Your team is prepared to make your stay with us the most positive experience possible.

About visitors
The first days after the birth of your baby are a very special time for your family. Getting to know this new member of your family is exciting and important. Although we know you want to share your baby with family and friends, getting some much-needed rest and spending quiet time with your infant may be the best choice while you are in the hospital. For this reason, our visiting hours are designed to allow you to get some rest.

Visiting hours
Hours vary by campus; please discuss with your nurse.

Nap time
Research shows that taking a midday nap is very important for new mothers and their newborns. Nap time is from 1 – 3 pm each day. Visitors are encouraged to come after 3 pm to allow you to enjoy a nap.

About meals
During your hospital stay, meals and snacks may be ordered through room service. A menu is available in your room. Snacks include cold entrées and à la carte items. The cafeteria has a wide variety of menu selections and is open for guests at breakfast, lunch and dinner.

Guidelines for your stay
The postpartum stay is a time for learning how to care for yourself and your new baby.

Children younger than 12 are not allowed to visit unless they are a sibling of the baby.*

One adult support person may stay overnight with you on the mother-baby unit.

Friends or family members who have been exposed to communicable illnesses or who have a cold, flu, diarrhea, cold sores, rash or have had a fever in the past 24 hours should not visit. This is important for your baby and other families on the unit.

If you invite friends and family members to hold your baby, please ask them to first wash their hands thoroughly.

When you need privacy or rest, please ask the nurse for a magnetic clock that can be put on your door. You can adjust the hands of the clock to let the staff know the times you’d prefer not to be disturbed.

*Central DuPage Hospital campus only
Baby safety
Safety for you and your baby is a key priority. For that reason, we ask that you never leave your baby alone in your room, even when showering. Also, check that your caregiver has an appropriate name badge. Don’t let anyone without a badge take your baby from your room.

A baby identification number and your name are printed on your baby’s ankle bracelets. You and your support person have bracelets with the same information. The ID number will be checked each time your baby returns to your room and at the time of discharge.

Baby care
You’re encouraged to have your baby with you in your room. All of your baby’s care can be provided in your room, and you may participate in that care as much as you wish. Your extra baby supplies are kept in the crib drawer. Your nurse will be able to assist you with any of your individual needs. For safety, your baby should only be transported outside of your room in the crib.

Special programs for new parents are shown daily on closed-circuit TV. Topics include bathing, infant care, feeding, safety and going home. Program schedules are posted in your room.

While your baby is with you in your room, it’s important to have a light on so you can quickly and easily check on your baby. A light allows you to see your baby’s color and quickly call your caregiver for help, if needed.

Baby pictures
You can request professional pictures of you and your infant while you’re in the hospital. A representative from the photo company will contact you, give you a pamphlet with prices and schedule an appointment if you desire. For visual variety, you are welcome to bring in a special outfit or blanket, or even favorite item of sports memorabilia, so it can be included in the photo shoot. You may share photos and broadcast family announcements through the online service that allows you to set up a personal photo album. For your baby’s security, only friends and family who receive a special code from you can view your baby’s picture on the web page.

Going home
When it’s time for you and your baby to go home, hospital personnel will take you and your baby to your car. Illinois state law requires that all infants travel in a safety-approved car seat. Please be certain your baby has an approved car seat for that first ride home.

Many questions do not come up until you and your baby go home. At any time, you may call the mother-baby unit or talk with your obstetrician or pediatrician.

You may want to explore a group called FYI Moms, which is designed for new parents and babies from birth to one year. The group addresses a variety of timely topics including feeding, sleep routines, sibling adjustments and moving from pregnancy to parenting. For information about the group, visit nm.org/westparentreview.
Hospital preparation checklist

☐ Send insurance questionnaire for maternity pre-registration form and electronic birth certificate worksheet to Central DuPage Hospital or Delnor Hospital.

☐ Check insurance coverage (also see "Determining your health insurance coverage" on page 19). Find out the following information:
  • Number of days covered with uncomplicated birth
  • Coverage if surgery needed
  • Coverage for general in-hospital supplies
  • Coverage for baby if problems arise
  • How soon must baby have his or her own coverage

☐ Choose your baby’s pediatrician.

☐ Arrange child care for your other children.

☐ Make a list of important phone numbers (we recommend that you keep them by the telephone).
  • Provider
  • Hospital
  • Ambulance
  • Relatives
  • Neighbors
  • Friends

☐ Make a list of questions to clarify with your physician.

☐ Know the route to Central DuPage Hospital or Delnor Hospital. Have an alternate route. Time the trip.

☐ Keep ample gas in the car.

☐ Keep towels and large plastic bags in the car to protect the seats in case your water breaks.

☐ Prepare and freeze meals for after delivery.

☐ Talk with your friends and ask:
  • What they did to prepare for their birth
  • What they found helpful during childbirth
  • What they found helpful after birth, both in the hospital and at home

☐ Suggested items for your suitcase (pack early!):
  • Two to three bras, several panties
  • Gowns, lightweight robe, slippers
  • Personal hygiene supplies (toothbrush, comb, deodorant, makeup, shampoo, etc.)
  • Address book with phone numbers
  • Going-home outfit
  • Laptop computer or notebook

☐ Items to bring to the hospital for the baby:
  • Going home outfit and blanket appropriate for the weather
  • Car seat that meets federal safety standards—know how it works
  • A journal and your keepsake baby album
  • Camera and batteries
Maternity Pre-Registration Questionnaire

Please print and complete all questions, and include a copy of your legal ID and all insurance cards (front and back). If you are not able to copy them, it is very important to bring them with you at the time of registration.

Hospital Preference

- Northwestern Medicine
- Central DuPage Hospital
- Northwestern Medicine
- Delnor Hospital

Expected Due Date ___ / ___ / ___

<table>
<thead>
<tr>
<th>Patient’s Last Name</th>
<th>First Name</th>
<th>Middle Initial</th>
<th>Marital Status</th>
<th>Date of Birth (mm/dd/yyyy)</th>
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<tbody>
<tr>
<td>Race</td>
<td>Ethnicity</td>
<td>Primary Language</td>
<td>Allergies</td>
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<td>American Indian and Alaska Native</td>
<td>Hispanic</td>
<td>Non-Hispanic</td>
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<td>Asian</td>
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<td>Black or African American</td>
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<td>Native Hawaiian or Other Pacific Islander</td>
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<tr>
<td>Other</td>
<td>Patient Refused</td>
<td>White or Caucasian</td>
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<tr>
<th>Physician’s Last Name</th>
<th>First Name</th>
<th>Last Menstrual Period</th>
<th>Est. Date of Conception</th>
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<th>Patient’s Street Address</th>
<th>Apt. No.</th>
<th>City</th>
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<th>Home Phone</th>
<th>Work Phone</th>
<th>Cell Phone</th>
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<tr>
<th>Patient’s Current Employer Name</th>
<th>Employer Address</th>
<th>City</th>
<th>State</th>
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<th>Patient’s Occupation</th>
<th>Employment Status:</th>
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<tr>
<th>Have you ever been a patient at Central DuPage Hospital or Delnor Hospital?</th>
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<th>Under what name?</th>
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<th>Middle Initial</th>
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<th>Occupation</th>
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<td>Student</td>
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### PRIMARY INSURANCE INFORMATION

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<tr>
<th>Primary Insurance Company Name</th>
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<td>City</td>
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<td>Group No.</td>
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<tr>
<td>Subscriber’s Full Name</td>
<td>Subscriber’s Soc. Sec. No.</td>
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<tr>
<td>Subscriber’s Date of Birth (mm/dd/yyyy)</td>
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### SECONDARY INSURANCE INFORMATION

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<thead>
<tr>
<th>Secondary Insurance Company Name</th>
<th>Name of Insured (exactly as appears on card)</th>
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<td>Policy No. (for BCBS, include 3 letter prefix)</td>
<td>Group No.</td>
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<tr>
<td>Subscriber’s Full Name</td>
<td>Subscriber’s Soc. Sec. No.</td>
</tr>
<tr>
<td>Subscriber’s Date of Birth (mm/dd/yyyy)</td>
<td>Female</td>
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**Advance Directive**

Do you have an Advance Directive, such as a Living Will or Durable Power of Attorney for Health Care?  
- Yes  
- No

Please specify the type:

If yes, please bring a copy at the time of your admission.

**Self-Pay**

If you are insured but your procedure is not covered by your plan, a deposit and/or your deductible will be required prior to, or at the time of admission. Please contact the Financial Clearance Center at 630.933.5574 to speak with a Financial Counselor for details prior to being admitted.

If you do not have insurance, please contact our Financial Counselors at 630.933.5574 before your scheduled arrival date to discuss options that may be available based on financial eligibility.

**Additional Information**

Do you need special accommodations, such as translation, visual aid, etc.?  
- Yes  
- No

If yes, please specify so that prior arrangements can be made for the day of your visit.

- Language interpreter
- Sign language interpreter
- Visual aid
- Other: ____________________________

**Does your insurance company require:**

- Any special conditions prior to admission?  
  - YES  
  - NO

- Pre-certification?  
  - YES  
  - NO

Your insurance company will be contacted by a Financial Clearance Center Representative. A Financial Counselor will call you regarding your responsibility for co-payments and/or deductibles, which are due at the time of admission. If you are enrolled in an HMO, please bring the Authorization Referral from your primary care physician. This will enable you to receive the maximum benefits available under your insurance plan.

**Authorization for Release of Information:**

I hereby authorize Northwestern Medicine Central DuPage Hospital or Northwestern Medicine Delnor Hospital to release from my medical records such information as may be required by my insurance carrier or government agency for the processing of my claims for hospital and medical benefits, and to comply with the requirement of any professional review organization or The Joint Commission for utilization review and medical audit.

All information is confidential.  

__________________________  ________________  
Signature  Date

Please fax or mail completed form with a copy of your insurance cards (front and back) at least one month prior to your admission.

**Mailing address:** Northwestern Medicine Central DuPage Hospital and Delnor Hospital  
630.933.1326  
ATTN: Financial Clearance Center  
1405 North 5th Avenue  
St. Charles, IL 60174
Determining your health insurance coverage
Questions to ask before your hospital stay

Coverage for your maternity medical care will vary according to your health insurance plan. It is your responsibility to know this information. We believe the list of questions below will help you get a clear idea—in advance—of the extent of your coverage from your insurance company. Please ask these questions directly of your healthcare insurance provider.

<table>
<thead>
<tr>
<th>Date/Time of Call</th>
<th>Person Spoken to</th>
</tr>
</thead>
<tbody>
<tr>
<td>Insurance Company</td>
<td>Policy Number</td>
</tr>
</tbody>
</table>

1. Does my hospital stay need to be preapproved?
   □ Yes  □ No  If yes, what do I need to do to receive the preapproval? ____________________________

Note: Please ask both parts of question two exactly as they are written or you could receive inaccurate information.

2. A. If I have an uncomplicated vaginal birth, what is the normal postpartum hospital stay for which I do not need a physician’s reason to stay longer? ____________________________
   B. If I have an uncomplicated cesarean birth, what is the normal postpartum hospital stay for which I do not need a physician’s reason to stay longer? ____________________________

3. Does authorized hospitalization begin with admission or time of birth?
   □ Admission   □ Time of birth

4. Is additional hospitalization time authorized if there are complications?
   □ Yes  □ No

5. What physicians are covered under my insurance plan for my baby’s care? ____________________________

6. If I have a son and desire circumcision, is circumcision covered?
   □ Yes  □ No

7. A. What coverage is provided should my baby require additional hospitalization? ____________________________
   B. Am I authorized to stay in the hospital as long as my baby is hospitalized?
   □ Yes  □ No

8. Does my coverage include home visit(s) by a registered nurse?
   □ Yes  □ No

9. What is the process for adding my new baby to my insurance policy? ____________________________

10. Will I be notified if benefits in my plan change?
    □ Yes  □ No
“Babies are such a nice way to start people.”

- Don Herrold
Big resources for our tiniest patients
Sometimes, the youngest and tiniest patients need a helping hand from highly specialized physicians and nurses, with medical equipment designed especially for infants. Through a unique pediatric program, experienced Lurie Children’s* specialists on our medical staffs are able to provide critical care services to newborns in the Central DuPage Hospital Neonatal Intensive Care Unit (NICU) and Delnor Hospital Special Care Nursery.

NICU (Central DuPage Hospital)
The NICU is a state-designated Level III facility that offers the highest level of care for newborns with medical challenges. Lurie Children’s* neonatologists staff the NICU around the clock and use state-of-the-art technology and therapies to care for your infant.

Special Care Nursery (Delnor Hospital)
At the Level II-E Special Care Nursery, Lurie Children’s neonatologists and/or neonatal nurse practitioners provide 24-hour onsite care for infants who are premature or have low birth weights.

Critical care services
- Infants born prematurely (less than 37 weeks gestation)
- Infants with low birth weight
- Infants with medical complications/congenital anomalies

Specialized staff for special needs
If your newborn is hospitalized in the NICU or Special Care Nursery, you can be assured that he or she will receive care from a team of physicians, nurses and other health professionals with advanced training to meet the intensive care needs of babies.

Lurie Children’s* pediatric specialists at Central DuPage Hospital and Delnor Hospital represent more than 30 pediatric subspecialties to meet each baby’s specific needs. Specialties include radiology, cardiology, neurology, pulmonology, orthopaedics, gastroenterology and surgery.

The critical care team
- Neonatal team available 24 hours a day
- Neonatal nurse practitioners and unit nurses specially trained in neonatal care
- Therapists (respiratory, physical, occupational and speech therapists)
- Pediatric dietitian with specialized education and training in neonatal nutrition
- Pediatric pharmacist
- Specialized team to safely transport ill newborns from a five-county region to Central DuPage Hospital for care

* Ann & Robert H. Lurie Children’s Hospital of Chicago at Northwestern Medicine Central DuPage Hospital and Northwestern Medicine Delnor Hospital is a collaborative program between Northwestern Memorial HealthCare, and Lurie Children’s Hospital of Chicago and its affiliated physician groups. The physicians participating in this program are neither agents of nor employed by Northwestern Medicine Central DuPage Hospital or Northwestern Medicine Delnor Hospital.
“A grand adventure is about to begin.”

- Winnie the Pooh
Ann & Robert H. Lurie Children’s Hospital of Chicago at Northwestern Medicine
Central DuPage Hospital and Northwestern Medicine Delnor Hospital

A unique pediatric program
Through our affiliation with Ann & Robert H. Lurie Children’s Hospital of Chicago*, Northwestern Medicine brings a range of healthcare services and pediatric expertise to the western suburbs. More than 150 board-certified specialists on the Lurie Children’s medical staff provide inpatient, outpatient and emergency medical care at Central DuPage Hospital and Delnor Hospital. Your child will benefit from fully coordinated and comprehensive care in one convenient location.

Central DuPage Hospital Neonatal Intensive Care Unit and Delnor Hospital Special Care Nursery
Neonatologists, intensivists and hospitalists provide 24-hour onsite services in the Central DuPage Hospital Level III Neonatal Intensive Care Unit; private bays and procedure suites give families a child-friendly, child-focused place to heal. Lurie Children’s neonatologists and/or neonatal nurse practitioners at the Delnor Hospital Level II-E Special Care Nursery also provide 24-hour onsite care.

Central DuPage Hospital Pediatric Intensive Care Unit
Lurie Children’s intensivists provide care for children in the state-of-the-art Pediatric Intensive Care Unit (PICU) at Central DuPage Hospital. Intensivists coordinate complex care with specially trained nurses and therapy staff as well as some of the 150 pediatric specialty physicians. Each patient has a private room in the PICU, and each room provides sleeping accommodations for parents.

General Pediatric Unit
Children who are in the hospital benefit from 24-hour, onsite coverage provided by Lurie Children’s hospitalists. Throughout the day, these physicians will monitor your child’s care in the pediatric unit and facilitate communication and continuity of care with your child’s primary care physician.

Central DuPage Hospital Pediatric Emergency Department**
At Central DuPage Hospital, Lurie Children’s board-certified pediatric emergency medical specialists and compassionate, experienced nurses care for patients in a dedicated Pediatric Emergency Department using state-of-the-art technology and equipment specifically designed for children.

Pediatric outpatient centers
At our pediatric outpatient centers, you’ll receive the comforting combination of pediatric expertise, experience and compassion. Here, you’ll find easy access to pediatric care in a wide range of specialties. Outpatient centers are located on both the Central DuPage Hospital and Delnor Hospital campuses.

Pediatric outpatient specialties***
- Adolescent Bariatric Surgery Program
- Allergy/Asthma/Immunology
- Cancer and Blood Diseases
- Cardiology
- Dermatology
- Developmental and Behavioral Health
- Gastroenterology and Feeding Clinic
- General Surgery
- High-Risk Neonatal Follow-Up
- Infectious Disease
- Nephrology
- Neurology
- Neuro-Oncology
- Oral Maxillofacial Surgery
- Orthopaedic Surgery
- Pain Management
- Psychiatry
- Psychology
- Pulmonology
- Rheumatology
- Sleep Medicine
- Sports Medicine
- Urology
- Wellness and Weight Management

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** The Central DuPage Hospital Pediatric Emergency Department hours are 9 am—1 am Monday—Friday, and noon—midnight on weekends and holidays. Hours are subject to change without notice. The Central DuPage Hospital Emergency Department and Delnor Hospital Emergency Department are open 24 hours every day.

*** Vary by campus
## Reference information

### Important Phone Numbers

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone</th>
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<tbody>
<tr>
<td>My Physician</td>
<td></td>
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<tr>
<td>My Baby's Physician</td>
<td></td>
</tr>
<tr>
<td>My Pharmacy</td>
<td></td>
</tr>
<tr>
<td>Centralized Scheduling</td>
<td>630.933.5000</td>
</tr>
<tr>
<td>Financial Services</td>
<td>630.933.4066</td>
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<tr>
<td>Genetic Medicine</td>
<td>630.933.6249</td>
</tr>
<tr>
<td>Information and Physician Referral</td>
<td>630.933.4234</td>
</tr>
<tr>
<td>Maternity Pre-Registration</td>
<td>630.933.6125</td>
</tr>
<tr>
<td>Patient Relations</td>
<td>630.933.5100</td>
</tr>
<tr>
<td>Prenatal, Postnatal Classes and Support Groups</td>
<td>630.933.4234</td>
</tr>
<tr>
<td>TTY for the hearing impaired</td>
<td>630.933.4833</td>
</tr>
<tr>
<td><strong>Central DuPage Hospital</strong></td>
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<tr>
<td><strong>Main Number</strong></td>
<td><strong>630.933.1600</strong></td>
</tr>
<tr>
<td>Breastfeeding (Lactation Clinic)</td>
<td>630.933.6407</td>
</tr>
<tr>
<td>Labor and Delivery</td>
<td>630.933.6427</td>
</tr>
<tr>
<td>Maternal Fetal Medicine</td>
<td>630.933.6091</td>
</tr>
<tr>
<td>Mother-Baby Unit</td>
<td>630.933.6425</td>
</tr>
<tr>
<td>Obstetric Therapy Program</td>
<td>630.933.6293</td>
</tr>
<tr>
<td>Reception Desk (Women and Children's Services)</td>
<td>630.933.4120</td>
</tr>
<tr>
<td>Walgreens Pharmacy at Central DuPage Hospital</td>
<td>630.407.0340</td>
</tr>
<tr>
<td><strong>Delnor Hospital</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Main Number</strong></td>
<td><strong>630.208.3000</strong></td>
</tr>
<tr>
<td>Breastfeeding Resource Center</td>
<td>630.208.4068</td>
</tr>
<tr>
<td>Labor and Delivery</td>
<td>630.208.4071</td>
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<tr>
<td>Maternal Fetal Medicine</td>
<td>630.933.6249</td>
</tr>
<tr>
<td>Mother-Baby Unit</td>
<td>630.208.4070</td>
</tr>
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### Directions and Campus Maps

Directions to Central DuPage Hospital and Delnor Hospital as well as the most current campus maps can be found at nm.org.
Important questions to ask your physician
“A baby is born with a need to be loved—and never outgrows it.”

- Frank A. Clark