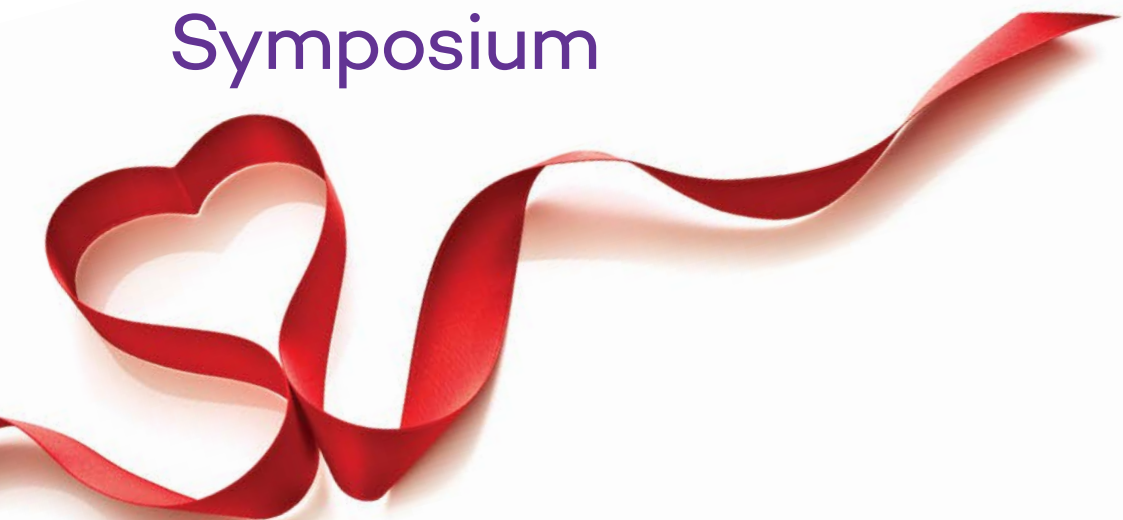




# Tenth Annual Women's Cardiovascular Health Symposium



April 28, 2017

Prentice Women's Hospital  
Chicago, Illinois

Sponsored by:  
The Program for Women's Cardiovascular Health  
Bluhm Cardiovascular Institute of Northwestern Memorial Hospital  
Northwestern University Feinberg School of Medicine

**H** **HEART DISEASE** from coronary artery disease is the number one killer of both men and women in the United States. As a result of differences in symptoms and disease presentation between genders, heart disease is often missed in women. Almost half of US women fail to recognize cardiovascular disease (CVD) as their major health problem and thus miss the opportunity to partner with health care providers early to identify and manage risk factors over their lifespan. Women are also at risk for other forms of heart disease such as valvular disorders, heart failure and arrhythmias. The aging woman is also at risk for bone loss and sexual dysfunction.

It is critical for health care providers to identify and appropriately educate their female patients who are at risk for all forms of CVD. However, overall awareness, as well as rapid changes and advances in scientific discovery make the practice of evidence-based medicine challenging for all practitioners.

The Bluhm Cardiovascular Institute's Program for Women's Cardiovascular Health invites you to attend the 10th Annual Women's Cardiovascular Health Symposium. This year's program will address a variety of cardiovascular topics commonly encountered in clinical practice. Key gender specific advances in a variety of areas of CVD, such as coronary artery disease, hypertension, lipid disorders, arrhythmias, hormonal changes and cardiac complications of cancer therapy will be covered. There will be ample time for participant interaction.

We extend a special invitation for cardiologists, primary care providers and OB/GYN physicians to attend this symposium since they can be the first to identify female patients at risk to personally and positively improve their overall health. Women are still less likely to be offered proven therapies for heart disease as compared to men. This troubling statistic is an urgent call to action to change, especially since the lifetime risk of CVD in women approaches

## Learning Objectives

At the conclusion of this activity, participants will be able to:

1. Compare and contrast characteristics of presentations and outcomes of CV disease in women with respect to hypertension, dyslipidemias, arrhythmias and chest pain
2. Outline current and emerging medical and lifestyle strategies for the treatment of hypertension and lipid disorders in women including the use of newer pharmaceutical agents
3. Outline the clinical pathway used to evaluate chest pain in women and identify where it differs from men
4. Develop an interdisciplinary plan of care between obstetricians and primary care for the pregnant patient with, or at risk for, cardiovascular complications
5. Describe best practices in the treatment of arrhythmias in women including stroke mitigation strategies
6. Discuss the cardiovascular effects of select cancer therapies including approaches to mitigate adverse effects
7. List the latest recommendations to address menopause, hormones and impact on the development of cardiovascular disease.

## Audience

This CME program has been designed to meet the educational needs of Cardiologists, Internists, Obstetrician-Gynecologists, Hospital Medicine Physicians, Physician Assistants, Nurse Practitioners, Residents and Nurses and any other health care professionals who participate in the care of women across the life span.

## Conference Location

The program will be held at the Prentice Women's Hospital, located in the Conference Room on the third floor at 250 East Superior Street, Chicago, Illinois. Please contact the hospital at 312-926-2000 for directions and parking information or visit: [prentice.nmh.org](http://prentice.nmh.org).

## Accreditation Statement

The Northwestern University Feinberg School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

## Credit Hour Statement

The Northwestern University Feinberg School of Medicine designates this live activity for a maximum of 4.25 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Other Credits

The American Academy of Nurse Practitioners and the American Nurses Credentialing Center accept AMA PRA Category 1 Credit(s)<sup>™</sup> from organizations accredited by the ACCME.

## Faculty Disclosure

Current guidelines state that participants in CME activities should be made aware of any affiliation or financial interest that may affect a speaker's presentation. Speakers are required to disclose any significant relationships with commercial companies prior to the symposium. The course syllabus will identify any significant relationships and whether a faculty member will be discussing off-label usage.

## Special Needs

The Feinberg School of Medicine fully intends to comply with the legal requirements of the Americans with Disabilities Act. If any participant of this conference is in need of accommodation please indicate those needs on the registration form or submit written requests to the Office of CME at least one month prior to the conference date.

**Friday, April 28, 2017**

12:00 - 1:00pm      Registration and Boxed Lunch

**A Case Based Approach to Managing Cardiovascular Disease in Women**

1:00 – 1:30pm      The Women's Cardiovascular Health Program of the  
Bluhm Cardiovascular Institute: The First 10 Years,  
Where have we been and where are we going?

**Marla Mendelson, MD**

1:30 – 2:00pm      Challenging Cases in Hypertension Management in  
Women

**Patricia Vassallo, MD**

2:00 - 2:30pm      How New Data Guides Lipid Management in Women

**Neil Stone, MD**

2:30 – 3:00pm      Chest Pain in Women: Thinking Outside the Box

**Ranya Sweis, MD**

3:00 – 3:15pm      Refreshment Break and Exhibits

3:15 – 3:45pm      Pregnancy in Women with Cardiovascular Disease

**Marla Mendelson, MD**

3:45 – 4:15pm      Arrhythmias: New Therapies and Approaches in  
Women

**Susan Kim, MD**

4:15 – 4:45pm      Cardiac Complications After Cancer Therapy

**Nausheen Akhter, MD**

4:45 - 5:15pm      Hot Flashes and the Heart

**Lauren Streicher, MD**

5:15 – 5:30pm      Questions and Answers



## Course Directors

### **Marla A. Mendelson, MD**

Medical Director, Program for Women's Cardiovascular Health  
Bluhm Cardiovascular Institute  
Associate Professor of Medicine and Pediatrics, Northwestern University Feinberg School of Medicine  
Director of Heart Disease and Pregnancy program and the Northwestern Adult Congenital Heart Center

### **Susan S. Kim, MD**

Cardiac Electrophysiologist  
Associate Medical Director, Program for Women's Cardiovascular Health  
Director, Implantable Electronic Device Clinic and Cardiac Electrocardiography  
Bluhm Cardiovascular Institute  
Associate Professor of Medicine, Northwestern University Feinberg School of Medicine

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## Northwestern University Faculty

### **Nausheen Akhter, MD**

Cardiologist, Bluhm Cardiovascular Institute  
Assistant Professor of Medicine, Northwestern University Feinberg School of Medicine

### **Neil Stone, MD**

Medical Director, Center for Vascular Disease  
Bluhm Cardiovascular Institute  
Bonow Professor of Medicine-Preventive Cardiology  
Northwestern University Feinberg School of Medicine

### **Lauren Streicher, MD**


Medical Director, Northwestern Medicine Center for Sexual Medicine and Menopause  
Northwestern Memorial Hospital  
Associate Professor in Clinical Obstetrics and Gynecology  
Northwestern University Feinberg School of Medicine

### **Ranya Sweis, MD, MS**

Interventional Cardiologist, Clinical Practice Director  
Cardiology Outpatient Clinic  
Bluhm Cardiovascular Institute  
Assistant Professor of Medicine  
Northwestern University Feinberg School of Medicine

### **Patricia Vassallo, MD**

Cardiologist  
Bluhm Cardiovascular Institute  
Assistant Professor in Medicine-Cardiology  
Northwestern University Feinberg School of Medicine





## Registration

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April 28, 2017 | Prentice Women's Hospital | Chicago, Illinois

Physicians and Industry Professionals .....\$130

Residents, Fellows, Physician Assistants, Techs and Nurses .....\$100

You may register on-line at: [cme.northwestern.edu/conferences](http://cme.northwestern.edu/conferences)

*Please type or print*

First Name: \_\_\_\_\_

☐ MD/DO (circle)

☐ RN

☐ Other (please specify): \_\_\_\_\_

Last Name: \_\_\_\_\_

Institution: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip code: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

(required — your confirmation and receipt will be emailed)

Specialty: \_\_\_\_\_



Please indicate any special needs: \_\_\_\_\_

Please indicate any dietary needs: \_\_\_\_\_

Please make your check payable to **Northwestern University**

and mail it with the registration form to:

Office of CME

Northwestern University's Feinberg School of Medicine

240 East Huron, Suite 1-200

Chicago, IL 60611

Phone: 312-503-8533

Cancellations must be made in writing via email to the Office of CME:

[cme@northwestern.edu](mailto:cme@northwestern.edu).

The paid registration fee, minus a \$30 administrative charge, will be refunded.

No refunds will be granted after April 3, 2017.

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