Integrative medicine incorporates alternative methods of treatment into conventional medicine to support health and wellness. It is healing-oriented and considers the whole person — body, mind and spirit — as well as all aspects of lifestyle.

Trained and board-certified in integrative medicine, Priya Gambhir, MD, can serve as your integrative medicine specialist in the north suburbs. Dr. Gambhir is also board-certified in family medicine and can serve as your primary care physician.

Dr. Gambhir delivers conventional care based on the latest science while offering additional complementary medicine options and referrals when appropriate.

Trained in acupuncture and traditional Chinese medicine, Joanna Johnston is an acupuncturist and registered nurse. She is committed to discussing and exploring wellness options with her patients to help improve their health, both physically and emotionally. Joanna’s diverse training includes electroacupuncture, guasha, cupping and auricular therapy as well as herbal and nutritional therapies.

Integrative medicine recommendations may incorporate:

<table>
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<th>Nutrition consulting</th>
<th>Meditation</th>
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<tbody>
<tr>
<td>Acupuncture</td>
<td>Massage</td>
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<tr>
<td>Acupressure</td>
<td>Yoga</td>
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To make an appointment with Dr. Priya Gambhir or Joanna Johnston, please call 312.926.DOCS (3627).

TTY for the hearing impaired 312.926.6363

Acupuncture
These services are considered cash-pay.

**Acupuncture fees**
Initial and intake: $130
Follow-up: $90