

*Take this
medicine exactly
as prescribed at
the same time
each day.*

Truvada®

Truvada® is used to treat human immunodeficiency virus (HIV) or reduce the risk of contracting HIV. It is a combination of 2 medicines—emtricitabine and tenofovir disoproxil fumarate.

Dosage and Administration

Your doctor and pharmacist will decide how much and how often you should take it. This will be based on how well your kidneys are working. Take Truvada® exactly as prescribed and take it at the same time each day.

Truvada® can be taken with or without food. Take this medicine with a full glass of water.

Do not stop taking Truvada® until your doctor tells you to. Refill your prescription before you run out.

Missed Dose

It is important not to miss any doses of your medicine. Missing a dose will increase your risk of contracting HIV or becoming resistant to this medicine.

If you do miss a dose of your medicine, take it as soon as you remember unless it is almost time for your next dose. If it is close to your next dose, skip the missed dose and continue at your scheduled time. Never take a double or extra dose of your medicine.

Drug Interactions

Tell your doctor and pharmacist about all medicines you take at home, including other prescription medicines, over-the-counter medicines, herbals or supplements. Some of these may interact with your medicine.

Side Effects

Truvada® may cause the following:

- Diarrhea
- Nausea
- Dizziness
- Headache
- Skin discoloration of hands and feet

When to Call the Doctor

Call your doctor right away, if any of the following occur:

- Allergic reactions including a skin rash, hives, itching or swelling of the lips, tongue or face
- Trouble breathing
- Having flu-like symptoms
- Loss of appetite
- Unusually weak or tired

Northwestern Medicine – Health Information Resources

For more information, contact Northwestern Memorial Hospital’s Alberto Culver Health Learning Center (HLC) at hlc@nm.org, or by calling 312.926.5465. You may also visit the HLC on the 3rd floor, Galter Pavilion at 251 E. Huron St., Chicago, IL. Health information professionals can help you find the information you need and provide you with personal support at no charge.

For more information about Northwestern Medicine, please visit our website at nm.org.

Para asistencia en español, por favor llamar al Departamento de Representantes para Pacientes al 312.926.3112.

The entities that come together as Northwestern Medicine are committed to representing the communities we serve, fostering a culture of inclusion, delivering culturally competent care, providing access to treatment and programs in a nondiscriminatory manner and eliminating healthcare disparities. For questions, please call either Northwestern Memorial Hospital’s Patient Representatives Department at 312.926.3112, TDD/TTY 312.926.6363, the Northwestern Lake Forest Patient Relations manager at 847.535.8282 and/or the Northwestern Medical Group Patient Representatives Department at 312.695.1100, TDD/TTY 312.926.6363.

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