

## IV Contrast Dye Allergy Preparation

Iodine contrast or dye will be used during your test or procedure. Before the test, patients with an iodine allergy may need to take certain medications. This is important to avoid serious side-effects from the dye.

*Before the test, patients with an iodine allergy may need to take certain medications.*

### Before the Test/Procedure

At least 24 hours before your test:

- Obtain prescriptions from your doctor.
- Fill prescriptions.

13 hours before your test:

- Take prednisone, 50 mg by mouth.

7 hours before your test:

- Take prednisone, 50 mg by mouth.

1 hour before your test:

- Take prednisone, 50 mg by mouth.
- Take Benadryl®, 50 mg tablets.

Take these medications with water. Based on your test, if food and liquid intake is not allowed, take medications with small sips of water.

If these medications are not taken as directed, your test may not be done.

### Health Information Resources

For more information, visit Northwestern Memorial Hospital's Alberto Culver Health Learning Center. This state-of-the-art health library is located on the 3rd floor of the Galter Pavilion. Health information professionals are available to help you find the information you need and provide you with personalized support at no charge. You may contact the Health Learning Center by calling 312-926-LINK (5465) or by sending an e-mail to [hlc@nm.org](mailto:hlc@nm.org).

For additional information about Northwestern Medicine, please visit our website at [nm.org](http://nm.org).

*Para asistencia en español, por favor llamar al Departamento de Representantes para Pacientes al 312-926-3112.*

The entities that come together as Northwestern Medicine are committed to representing the communities we serve, fostering a culture of inclusion, delivering culturally competent care, providing access to treatment and programs in a nondiscriminatory manner and eliminating healthcare disparities. For questions, please call either Northwestern Memorial Hospital's Patient Representatives Department at 312-926-3112, TDD/TTY 312-944-2358 and/or the Northwestern Medical Group Patient Representatives Department at 312-926-1920, TDD/TTY 312-695-3661.

Developed by: Galter Outpatient Radiology

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900834 (3/15)