Male and female brains are more alike than you might expect, but here are some subtle differences and what they could mean for your health.

**THE MALE BRAIN**
- 10 percent larger than the female brain
- Stronger front-to-back connections
- Optimized for motor skills

**POSSIBLE HEALTH IMPACTS**
- More likely to develop alcohol dependence
- Three times more likely to be diagnosed with antisocial personality disorder
- Four times more likely to have autism
- Twice as likely to develop Parkinson's disease

**THE FEMALE BRAIN**
- Stronger side-to-side connections
- Optimized for intuitive thinking
- More grey matter

**POSSIBLE HEALTH IMPACTS**
- Twice as likely to have depression
- Twice as likely to develop Alzheimer's disease (in the U.S.)
- Four times more likely to develop multiple sclerosis
- More likely to have a stroke

Sources:
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