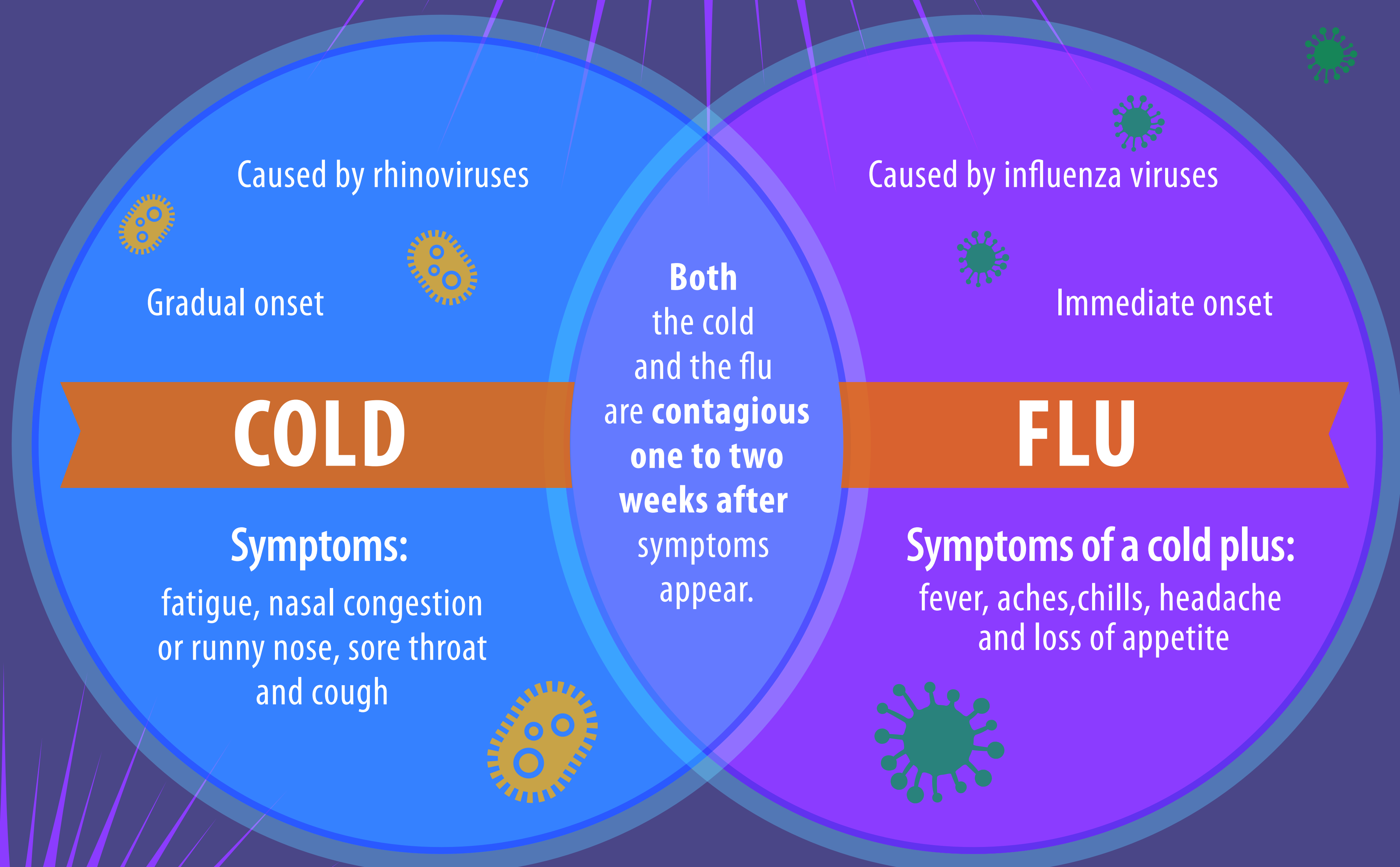


COLD vs. FLU

Comparing and contrasting symptoms, treatment and prevention.



Treatment:

Over-the-counter cold medications may help relieve symptoms of both. Prescription antiviral medication may help with the flu. Rest, fluids and time will also help.

Antibiotics won't cure a cold or flu. Antibiotics only work against bacterial infections, not viral ones.

Prevention:

An annual flu vaccination will help reduce your risk of getting the flu.

Personal hygiene, including washing your hands and covering coughs and sneezes, will help reduce your risk of getting and spreading cold and flu.