THE BATTLE BRAINSE Z

Male and female brains are more alike than you might expect, but here are some subtle differences and what they could mean for your health.



THE MALE BRAIN

- 10 percent larger than the female brain
- Stronger front-to-back connections
- Optimized for **motor skills**

POSSIBLE HEALTH IMPACTS

- More likely to develop alcohol dependence
- Three times more likely to be diagnosed with antisocial personality disorder
- Four times more likely to have autism
- Twice as likely to develop
 Parkinson's disease

THE FEMALE BRAIN

MEN VS. WOMEN

- Stronger side-to-side connections
- Optimized for intuitive thinking
- More grey matter

POSSIBLE HEALTH IMPACTS

- Twice as likely to have depression
- Twice as likely to develop
 Alzheimer's disease (in the U.S.)
- Four times more likely to develop multiple sclerosis
- More likely to have a stroke

Sources:

www.scientificamerican.com/article/how-mens-brains-are-wireddifferently-than-women/

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