

Connections Recovery Support Group

Support for people with a mental health condition

The NAMI Connections Recovery Support Group is designed to connect, encourage and support people who have a mental health condition. The group is led by trained facilitators living in recovery themselves.

**1st Thursday of each month
6:30 to 8:00 pm**

**Ben Gordon Center
12 Health Services Drive
DeKalb, IL 60115**

No sign up necessary. For more information, contact Katie Sherman, BS, MHP at **815.756.4875 ext. 63023**.