

If you are at high risk of lung cancer, take control of your health today. Schedule your low-dose CT lung cancer screening at Northwestern Medicine. Learn more at nm.org/lungscreening.



nm.org/lungscreening



## Low-Dose CT Lung Cancer Screening



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# Early lung cancer detection

Lung cancer is the leading cause of cancer death in the U.S. Yearly low-dose CT lung cancer screening has been shown to save lives by finding lung cancer early, when it is easiest to treat. In fact, studies show that early detection can improve survival by at least 20% among patients at high risk for lung cancer.

Northwestern Medicine offers low-dose CT lung cancer screening to find lung nodules. Lung nodules may be an early sign of lung cancer.

A low-dose CT scan:

Is noninvasive

Takes less than 30 minutes

Involves no medications, needles or fasting

Does not require you to change out of your clothes (as long as you aren't wearing anything with metal in it)

During the scan, you will hold your breath for a few seconds at a time while your technologist takes detailed 3D images of your lungs.

Before you have a lung cancer screening, talk to your physician to find out if you are eligible. Your physician will give you information and talk to you about the risks and benefits of low-dose CT lung cancer screening.

If you do not have a primary care physician, please call 844.344.6663 (TTY: 711) to get help finding a physician and scheduling an appointment.

You can view all Northwestern Medicine physician profiles at **nm.org/doctors**.

After you have discussed screening with your physician, including a shared decision-making visit if required by Medicare, your physician will order your screening if appropriate. If screening is ordered, you can schedule it at one of our lung cancer screening locations.

#### **Screening locations**

Many of our facilities are Lung Cancer Screening Centers, as designated by the American College of Radiology, and/or have been awarded the Screening Center of Excellence designation by the GO2 Foundation.

To find a lung screening location that is convenient for you, please call 312.926.LUNG (5864).

TTY for all locations: 711

### Who should have a low-dose CT lung cancer screening

You may qualify for lung cancer screening if you meet all of the following criteria:

Are between the ages of 50 and 80

Currently smoke or quit smoking within the past 15 years

Have a smoking history of at least 20 pack-years

- -1 pack-year equals smoking 1 pack of cigarettes(20 cigarettes) every day for 1 year
- To find your pack-years, multiply the number of packs per day smoked by the number of years smoked

If you have symptoms of a lung condition at the time of screening, such as a new cough or shortness of breath, we may delay your test.

#### Insurance coverage

Health insurance typically covers the cost of screening and any needed follow-up testing. If you are eligible and your insurance does not cover it, or if you do not have insurance, contact us to learn about financial assistance to cover the cost.