

**Center for Advanced Dermatology
Botox®/Collagen Checklist**

*Please read over carefully. If your appointment is cancelled due to not following instructions, you will be charged for the treatment.

FOR ALL PATIENTS:	
	You should not be pregnant prior to your treatment with Botox® or collagen. If you are pregnant, please inform the nurse or doctor immediately.
	You should not be breastfeeding prior to your treatment with Botox® or collagen. If you are breastfeeding, please inform the nurse or doctor immediately.
	No aspirin/ motrin/ advil/ alieve/ ginko/ garlic supplements/ vitamin E for 1 week before and 2 days after the procedure. This may increase the chances of bruising/bleeding. If you are not sure if the medication you are taking is okay, please ask the nurse or doctor. If you are taking coumadin, please inform the nurse or doctor immediately.
	No drinking alcohol for 24 hours before and after the procedure. This may increase the chances of bruising/bleeding.
	Do eat normally prior to your treatment.
FOR BOTOX® TREATMENT:	
	Patients with certain medical conditions should not be treated with Botox®. If you have a history of any neuromuscular conditions such as myasthenia gravis, please inform the nurse or doctor immediately.
	Certain medications should not be taken prior to your Botox® treatment because of possible interactions. If you are taking medications such as a calcium channel blocker or aminoglycoside, please inform the nurse or doctor immediately.
	Do not lie down or massage the area treated for 4 hours after the procedure.
	Using the muscles of expression that are treated will help the medication work faster, so use those muscles for an hour after your treatment. (i.e. frown, smile)
FOR COLLAGEN TREATMENT:	
	In some cases, you may want to “numb” the area with a topical cream. Please ask the nurse or doctor about this. If you choose to purchase this cream, you must come in ½ hour prior to your scheduled treatment time to apply the cream. Please inform the front desk you will be coming in early for this reason.
	If you have a history of cold sores in the area were the collagen treatment is being performed, please let the nurse or doctor know <u>before</u> the day of procedure so that a medication can be given for you to take.
	Patients with certain medical conditions should not be treated with collagen. If you have a history of collagen vascular disease such as lupus, dermatomyositis, or scleroderma, please inform the nurse or doctor immediately.
	If you have a known allergy to cow products, please inform the nurse or doctor immediately.
	For certain types of collagen, you must have had 2 skin tests prior to your treatment. If you did not have 2 skin tests, or you had any reaction to the skin tests such as redness, itching, swelling, or rash, please inform the nurse or doctor immediately.