

Geriatrics

Comprehensive Memory Care at Home for Older Adults

Northwestern Medicine Geriatrics Virtual Memory Care Clinic offers many benefits for older adults, particularly:

- › People with mobility challenges
- › People with advanced cognitive conditions
- › People living in areas far from care locations



Our board-certified geriatricians are dedicated to delivering exceptional care tailored to your needs.

Services we provide

Comprehensive geriatric cognitive assessments for adults 65 and older from the comfort of their home:

- › Diagnosis and treatment of mild cognitive impairment and dementia, including:
 - › Alzheimer's disease
 - › Vascular dementia
 - › Lewy body dementia
 - › Parkinson's disease dementia
 - › Frontotemporal dementia
- › Resources and support for patients and their caregivers
- › Advance care planning
- › Management and treatment of behavioral disturbances in dementia

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What to expect during a virtual visit

We use a team-based approach that includes a geriatric medicine physician, nurse and social worker.

Your appointments will be a video call on your tablet, smartphone or computer. They will include time for you and a caregiver to each meet with the team member. They will:

- › Review your medications, focusing on ones that are high-risk for older adults
- › Assess your fall risk
- › Provide cognitive testing
- › Review and order diagnostic imaging if needed
- › Evaluate you for any other health issues common in older adults

Each appointment starts with a visit with our social worker. This occurs on a date prior to your visit with the geriatrician. The social work visit includes a check-in, social history, and cognitive testing. The social worker will review advanced care planning and assist with connecting you to resources and support.

For more information or to make an appointment, call **312.695.4525** (TTY: 711).



What you need for your first appointment

- › A computer, tablet or smartphone that can take video
- › A MyNM account (sign up at nm.org/mynm if needed)
- › Completed new patient form (we send you that when you schedule the appointment)

Meet the Geriatrics Virtual Memory Care team



Jennifer Woodward,
MD



Michelle Clevenger,
LCSW