

Cystogram

Before procedure

There is no special preparation for this procedure, however, it is important that you tell your doctor if you are pregnant or allergic to contrast dye. The patient is required to have a catheter inserted through the urethra into the bladder. This step is usually done by patient's physician or urologist, otherwise, a radiology nurse will gently insert a small, flexible catheter into your urethra. Skin tape may be used to hold the catheter to your inner thigh. You may experience some discomfort when the catheter is inserted.

If you are allergic to contrast dye or iodine or have had any previous history of contrast dye or iodine reactions, please contact your referring physician for premedication.

During procedure

You will be asked to lie on the X-Ray exam table. Contrast dye will flow into the bladder through the catheter. When your bladder is full, X-Rays will be taken of the ureters, bladder, and urethra. The radiologist may ask you to move into different positions. When the procedure is completed, the contrast dye will be drained out of the bladder.

After procedure

After the examination, you can resume normal activities unless instructed otherwise by your doctor. Drink plenty of fluid to help flush the contrast dye from your bladder.