

**Fluoro UGI Esophagus Only**  
**Fluoro UGI Stomach Only**  
**Fluoro UGI - Esophagus and Stomach**  
**Fluoro UGI - Esophagus and Stomach W/ Air Contrast**  
**Fluoro UGI Esophagus and Stomach W/O Air Contrast**  
**Fluoro UGI Esophagus Stomach and Sm Bowel**

**Before Procedure.**

Nothing by mouth after midnight. If you need to take medication, use small sips of water only.

If a small bowel follow through is also ordered as part of your UGI exam, your last meal must be no later than 6:00 pm the night before the exam. No food is allowed after this time. One hour after your meal, drink one 10 ounce bottle of Magnesium Citrate. Nothing by mouth after midnight. The average length of this exam is 60 to 90 minutes, but it could take up to 4 hours.

If you are allergic to contrast dye or iodine or have had any previous history of contrast dye or iodine reactions, please contact your referring physician for premedication.

**During Procedure**

Patient will be asked to swallow gas-producing crystals. You may feel the need to belch. This step is usually skipped for patient undergoing fluoro UGI Esophagus and Stomach w/o Air Contrast. The patient then will stand behind the fluoroscope machine. As the patient drinks the liquid barium, which resembles a light-colored milkshake, the Radiologist will watch the barium pass through the patient's digestive tract via fluoroscope. The patient may be asked to move in different positions and hold his or her breath while the X-Rays are taken. The Technologist will try to minimize patient movement by automatically tilting the examining table. These actions ensure that the barium is coating all parts of the upper GI tract.

**After Procedure**

After the examination, you can resume a regular diet and take orally administered medications unless instructed otherwise by your doctor.

The barium may color your stools gray or white for 48 to 72 hours after the procedure. Sometimes the barium can cause temporary constipation. Drinking large quantities of fluids for several days following the test can help. If you are unable to have a bowel movement or if your bowel habits undergo any significant changes following the exam, you should contact your physician.