

Lake Forest Hospital

Diagnostic Cardiology
660 N. Westmoreland Road
Lake Forest, Illinois 60045

847.535.8000 office nm.org
847.535.8001 fax

Thank you for referring your patient for Diagnostic Cardiology services at Northwestern Medicine Lake Forest Hospital. Appointments for service should be made by calling Patient Scheduling at 847.535.8000 or faxing order to 847.535.8001.

Patients should enter the hospital's Main Entrance to the Registration Department 15 minutes before their appointment. Registration Department hours are 6 am to 9:30 pm Monday to Friday, and 6:30 am to 4 pm on Saturday. At all other times, patients should register in the Emergency Department. At our satellite locations, patients should arrive 15 minutes before the appointment. For questions or further information please call Diagnostic Cardiology at 847.535.8072.

To provide best service to you and your patients we request the following information. Completion of the fields below will expedite requests.

PATIENT INFORMATION

Last Name

First Name

Date of Birth

Patient Contact Number(s)

PRACTITIONER INFORMATION

Ordering Practitioner Name (Please Print)

NPI#

Practitioner Signature

Date/Time

Signs and Symptoms/Diagnosis/ICD# (**When ordering multiple tests – indicate diagnosis for each test.)

RHYTHM MONITORING PROCEDURES

- 12 Lead Electrocardiogram (ECG/EKG)
- 24 or 48 Hour Holter Monitoring
- 30 Day Event Monitoring
- Tilt Table Procedure

STRESS TESTING PROCEDURES

- Stress Exercise (Treadmill) Test (ECG only)
- Stress Exercise (Treadmill)-Echocardiogram Procedure
- Pharmacologic (Dobutamine) Stress-Echocardiogram Procedure

ECHO PROCEDURES

- Adult 2D Echocardiogram (with color flow and Doppler)
- Pediatric 2D Echo (with color flow and Doppler)
- (TEE) Transesophageal Echocardiogram
- Echo with Agitated Saline (Bubble Study)

- Stress Exercise (Treadmill) Nuclear Stress Test (also known as Thallium Stress)
- Pharmacologic (Regadenosen) Nuclear Stress Test (also known as Adenosine-Thallium Stress)

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INSTRUCTIONS FOR STRESS TESTING PROCEDURES

- Do not have anything to eat or drink for three hours prior to the test.
- Bring a list of all medications you are currently taking.
- If you are diabetic and taking insulin, you may take ½ of your normal morning dose.
A snack will be available upon completion of the procedure.
- Hold other medications the morning of the test – delay taking until after the procedure is completed.
- No caffeine/decaf products 24 hours prior to procedure. This includes coffee, tea, soda containing caffeine, chocolate and medications such as Excedrin.
- Wear comfortable clothing and good walking shoes if you are having an exercise stress test where you will be walking on the treadmill. No sandals please.
- Don't use oil, cream, lotion or powder on chest area. (Use of underarm deodorant is fine.)
- If you use an inhaler, you may bring it to the appointment.
- Arrive for your Stress Treadmill Testing appointment 15 minutes in advance.
- Be aware that Stress procedures may require more time. Allow up to two hours.

INSTRUCTIONS FOR RHYTHM MONITORING OR ECHO PROCEDURES

- Wear a two-piece outfit.
- Don't use oil, cream, lotion or powder on chest area. (Use of underarm deodorant is fine).
- If you are scheduled for a Holter monitor, you should not shower, bathe or swim while wearing the monitor.