

Lynn Sage Breast Screening Center

Welcome to the Lynn Sage Breast Screening Center. You have taken an important step in protecting your health by having a screening mammogram. This screening (along with a monthly self-breast exam and routine exams by your health care provider) is one of the best methods to detect breast disease. If you currently have signs of breast problems, a more in-depth study may be done in our Comprehensive Breast Center.

A mammogram screening is an important step in protecting your health.

A mammogram is an x-ray exam of the breast that shows a detailed image of the breast tissue. During the test, the breast tissue is gently pulled forward from the chest and firmly pressed between two plastic plates. This compression allows for:

- separation of overlapping breast tissue for better detection of small tumors or abnormalities of the breast
- imaging of the breast near the chest wall
- use of a lower dose of radiation

Breast compression may cause mild discomfort, but lasts for only a short time. Please tell the technologist doing the exam how you feel. In some cases, a slight change in position may ease your discomfort.

A radiologist, a doctor specially trained in reading mammograms, will review your films soon after your exam has been completed. If a specific area of the breast needs to be more closely evaluated, we may request that you return for added mammogram views or an ultrasound. Should added views be recommended, our office can assist you with scheduling.

A written report of your mammogram will be sent to your doctor in about a week. You will receive a summary of your mammogram results by mail within 30 days after your exam. Should you have any questions or concerns about your results, feel free to call us (312/926-8822) or your doctor.

We are pleased that you chose Northwestern Memorial Hospital's Lynn Sage Breast Center.

Developed by: Lynn Sage Breast Center

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