

## Fluoro LGI Pouchogram

*This procedure varies widely depending on the patient's condition and reason for the exam. The patient should consult their physician for any specific questions. Below are general patient instructions for what to expect with this exam.*

### **Before exam**

Clear liquids only the day before your exam (i.e. water, tea, apple juice). Nothing by mouth after midnight. If you need to take medication, use small sips of water only.

If you are allergic to iodine or have had any previous history of iodine reactions, please contact your referring physician for premedication.

### **During Procedure**

The patient lies on the X-ray table and preliminary images are taken. This study can be performed through a catheter inserted into the rectum or the pouch. As the contrast media fills the patient's colon, the patient might have the sensation of a bowel movement. The patient then will be asked to turn from side to side and to hold several different positions.

### **After Procedure**

The flowing contrast may get to the ostomy and leak out, so please bring an extra bag and supplies.