

Osher Center for Integrative Medicine (OCIM) primary care and other covered services as indicated below will be billed directly to insurance. For other providers, we will bill named participating plans after verification of benefits. Other patients will be asked to pay at time of service. Out-of-network insurance may be billed only with pre-authorization. **Price below include a 30% pay-at-time-service discount when applicable.**

<p>Integrative Medicine</p>	<p>Integrative Medicine physicians emphasize the relationship between the doctor and patient, by focusing on the innate healing ability of the body and the importance of addressing all aspects of an individual's life to attain optimal health and healing. Dr. Ring and Dr. Stracks will work with your primary care provider and a team of complementary and integrative medicine practitioners to help you achieve <i>optimum wellness</i>, not just freedom from your current health problems.</p> <p><i>These providers accept the same plans as NMG Internal Medicine. Please see the Accepted Insurance Plans list for NMG Internal Medicine for details.</i> http://managedcare.nm.org/</p>	<p>Melinda Ring, MD John Stracks, MD</p>
<p>Internal and Family Medicine (Primary Care Providers)</p>	<p>The OCIM primary care team includes physicians and advance practice nurses trained extensively in internal and family medicine. OCIM providers use the most up-to-date approaches to diagnosis and treat diseases. Our providers are open to incorporating complementary approaches, and take a preventive, holistic approach to your health. Your primary care provider will also help coordinate all of your conventional health care.</p> <p><i>These providers accept the same plans as NMG Internal Medicine. Please see the Accepted Insurance Plans list for NMG Internal Medicine for details.</i> http://managedcare.nm.org/</p>	<p>Charles Falzon, MD Shibani Munshi, MD Sharon Vocino, MD Mary Anne Meyer, CNP</p>
<p>Traditional Chinese Medicine: Acupuncture & Herbs</p>	<p>Our acupuncturists are considered in-network for BCBS PPO only. We will bill BCBS subject to verification of benefits. All other patients will be asked to pay at time of service.</p> <p>Nambudripad's Allergy Elimination Techniques also known as NAET®, are non-invasive, drug free, natural solutions to eliminate allergies of all types and intensities using a blend of selective energy balancing, testing and treatment procedures from acupuncture/acupressure, chiropractic, nutritional, and kinesiological disciplines of medicine.</p>	<p>Ania Grimone, MS, LAc Fang Lin, LAc</p> <p><i>Average fees:</i> <i>Initial and Intake \$130</i> <i>F/U \$90</i> <i>Herbs: (price varies)</i> <i>Cosmetic initial \$160</i> <i>Cosmetic Follow-Up \$120</i> <i>Laser additional \$25</i> <i>Electro-stim additional \$10</i></p>
<p>Chiropractic</p>	<p>Coverage of service depends on individual plan benefits. Contact insurance to confirm.</p> <p>OCIM Chiropractic services accept same insurances as NMG Internal Medicine with the exception of Medicaid.</p> <p>Medicare does not cover initial visit and will only cover adjustment portion of follow up visit.</p> <p><i>HMO & POS plans may require referral from your PCP.</i></p>	<p>Mindy Cramer, DC, CCEP, DACO</p> <p><i>Fee varies on service provided</i></p> <p><i>Average fees:</i> <i>Ranges from \$150-\$400</i></p> <p><i>Adjustment may not be done for first visit</i></p>
<p>Massage Therapy</p>	<p>OCIM massage therapy is considered in-network only for BCBS PPO. Massage therapy done as part of chiropractic visits can be billed to the same insurance as the chiropractic visit, subject to confirmation of benefits. All other patients will be asked to pay at time of service.</p>	<p>Chris Wilson, LMT Rob Brady, LMT Candice Domke-Hochberg, LMT Aline Silberg, LMT (Lakeview)</p> <p><i>Average fees:</i> <i>30 min \$60</i> <i>60 min \$120</i> <i>90 min \$180</i></p>

Health Psychology	<p>OCIM health psychologists participate in the following managed care plans:</p> <table border="0"> <tr> <td>Aetna</td> <td>HFN</td> </tr> <tr> <td>BCBS PPO & BlueEdge</td> <td>Health Marketing Inc</td> </tr> <tr> <td>BCBS Blue Advantage PPO</td> <td>Humana Choice Care</td> </tr> <tr> <td><i>(not Blue Choice Select PPO)</i></td> <td>Magellan</td> </tr> <tr> <td>BCBS Classic Blue</td> <td>Medicare</td> </tr> <tr> <td>(PCP groups 467 or 466)</td> <td>Multiplan</td> </tr> <tr> <td>Beech Street</td> <td>PHCS</td> </tr> <tr> <td>CCN</td> <td>PPONext</td> </tr> <tr> <td>Galaxy / MCI</td> <td>Preferred Network Access (PNA)</td> </tr> <tr> <td>Great-West</td> <td>Preferred Plan Inc (PPI)</td> </tr> <tr> <td></td> <td>Unicare</td> </tr> </table> <p><i>For plans not listed, we ask patients to pay at time of service.</i></p>	Aetna	HFN	BCBS PPO & BlueEdge	Health Marketing Inc	BCBS Blue Advantage PPO	Humana Choice Care	<i>(not Blue Choice Select PPO)</i>	Magellan	BCBS Classic Blue	Medicare	(PCP groups 467 or 466)	Multiplan	Beech Street	PHCS	CCN	PPONext	Galaxy / MCI	Preferred Network Access (PNA)	Great-West	Preferred Plan Inc (PPI)		Unicare	<p>Howard Feldman, PhD Maggie Crowley, PsyD Helene Moore, PsyD</p> <p><i>Initial \$358.40</i> <i>Follow-Up \$186.20</i></p>
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Naturopathic Medicine	<p>Doctors of Naturopathic Medicine (N.D.'s) receive extensive training in medicine and graduate from four-year accredited institutions and residency programs. Doctors of Naturopathic Medicine focus on the innate healing ability of the body, removal of obstacles to healthy physiology and prevention of disease. Many modalities are used in Naturopathic Medicine to achieve lasting health benefits including: Botanical Medicine, Functional Nutrition, Hydrotherapy, Mind/Body Medicine, and Homeopathy.</p> <p>Doctors of Naturopathic medicine are not licensed physicians or registered dietitians. While many states license naturopathic doctors, the State of Illinois currently does not, thus Dr. Fulop is ineligible to participate in Medicare, Medicaid (IL HFS), or any of our insurance contracts for visits.</p>	<p>Judy Fulop, ND, FABNO</p> <p><i>Average fee:</i> <i>Initial \$220</i> <i>F/U \$75 - \$105</i> <i>Phone Consult \$50 Per 15 min.</i></p> <p><i>Nutrition only \$105</i> <i>Flu/Cold visit \$105</i></p> <p><i>Supplements: (price varies)</i></p>																						
Nutrition - Registered Dietitian	<p>Through our supervising physicians, registered dietitian services are considered in-network for the same insurances as NMG Internal Medicine. See Accepted Insurance list for Internal Medicine for details. http://managedcare.nm.org/</p> <p><i>Exceptions: Dietitian services are not covered by Medicaid (IL HFS). Medicare only covers Diabetes or Renal failure diagnoses and must have a physician referral.</i></p>	<p>Jane Mockaitis, RN, LDN, CDE Hannah Lapkin, MS, RD, LDN</p> <p><i>Average fee:</i> <i>\$134.50</i></p> <p><i>Resting Metabolic Rate (RMR) testing \$149</i></p> <p><i>Diabetes 101 Group Class \$49</i></p>																						
Tobacco Cessation	<p>The OCIM Tobacco Cessation Program is based on proven methods, which represent the most current thinking in cessation effort. Led by a registered nurse with over 25 years of experience helping people quit using tobacco, you will find our services are designed to fit your unique needs. We ask all patients to pay at time of service.</p>	<p>Carol Southard, RN, MSN</p> <p><i>Average individual fee:</i> <i>Initial \$175</i> <i>F/U \$87.50</i> <i>Group sessions:</i> <i>\$250/8 weeks</i> <i>(Call 312-926-8400 to schedule group sessions)</i></p>																						