

## Kidney Donation Frequently Asked Questions

**Q: Once my evaluation is complete and I'm approved for donation, will I be scheduled right away for surgery?**

*A: Not necessarily. Recipients are evaluated at the same time as donors and so there may be a delay waiting for completion of recipient evaluation.*

**Q: What if I am selected as a back up donor but am interested in donating to someone else?**

*A: One non directed donation can start a chain of exchange transplants! Please contact us at 312-695-0828 so we can discuss the non directed donation process.*

**Q: I have been selected as a back up donor, does that mean I will not donate?**

*A: Potential donors are usually evaluated one at a time. If the primary donor cannot continue, we will reach out to the next potential donor.*

## Evaluation Process *you will receive an initial phone call once you've been selected for evaluation*

### Phase 1 – Initial Screening

All testing should be scheduled within 4 weeks of initial phone call.

**1 All potential donors to complete:**

- Introduction to Independent Donor Advocate (IDA) – by telephone
- Cancer screenings based on age and gender
- E-health and Care Everywhere consent forms (allow care team to access your medical information)
- Sign up for NM MyChart®

**2 If needed – transplant team will contact you to schedule the following:**

- Diabetes testing
- 24-hour urine collection
- 24-hour blood pressure testing
- Blood typing
- Psychosocial evaluation with social worker

### Phase 2 – Full day work up

If you, as the donor, pass phase 1, the transplant center will contact you to schedule a donor full day work up.

***This work up includes:***

- Meeting with your IDA
- Urine studies
- CT scan
- Meeting with Social Worker
- Lab blood work
- Renal Function Test
- Physician evaluation

### Phase 3 – Completing the Evaluation

The remaining evaluation items should be complete within 5 weeks of the full day work up.

**1 All potential donors to complete:** **2 If needed – transplant team will contact you to schedule the following:**

- Post donation support plan verification
- 24 hour blood pressure testing
- Diabetes testing
- Additional Psychology evaluation
- Any testing required related to other findings (usually with primary care provider)

## Transplant contacts

- Your surgeon will be determined by the surgical schedule
- Your transplant nurse coordinator (TNC) will be your primary contact, assigned at start of your recipient's evaluation
- Your IDA will be available for any concerns about the donation process



**To contact your TNC please use NM MyChart® to send a message** (MyChart Messaging tip sheet for instructions) **or call 312.925.0828**