Specialty Care Tailored to Runners

**Comprehensive care for all athletes**
Successfully treating runners takes a team of dedicated clinical professionals with extensive experience in working with athletes.

That’s why the Northwestern Medicine Running Medicine Clinic uses a multidisciplinary team of professionals from several different specialties. Our team focuses on patient education, injury prevention, and the diagnosis and treatment of acute and chronic running injuries.

The initial running evaluation includes:
- Assessing your health history with a physician
- Establishing your running goals
- Discussing your injury concerns
- Considering relevant diagnostic testing, such as X-rays, magnetic resonance imaging (MRI), and electromyogram and nerve conduction studies—electrical tests of your nerves and muscles

Our goal is to keep you running. The Running Medicine Clinic has the tools and resources you need to help you achieve your goals.

For more information or to make an appointment, please call 630.225.BONE (2663).

TTY for those who are deaf or hard of hearing: 711.

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**Additional Information**

**Northwestern Medicine Running Medicine Clinic**
**Collaborating specialties:**
- Athletic training
- Chiropractic medicine
- Exercise physiology
- Orthopaedic surgery
- Physiatry
- Physical therapy
- Podiatry
- Sports medicine
- Sports nutrition
- Sports psychology

**Locations**
- Bloomingdale
- Geneva
- Glen Ellyn
- Naperville
- St. Charles
- Sycamore
- Warrenville
- Wheaton
- Winfield