



Occupational Therapy and Certified Hand Therapy Available

Northwestern Medicine offers adult and pediatric occupational therapy services throughout the Chicago suburbs. Our licensed and experienced therapists treat a range of injuries and illnesses, from the common to the complex.

Our goal is to help you return to your maximum function so you can take part in everyday and leisure activities, improving your quality of life.

The role of an occupational therapist is to:

Help you improve your physical endurance and strength

Increase your ability to do everyday activities

Assess the need for specialized equipment, bracing or splinting to improve function

Northwestern Medicine certified hand therapists (CHTs) are licensed occupational or physical therapists who treat upper extremity conditions from:

An injury

Injuries due to repetitive motion or overuse

Disease or congenital deformity

CHTs collaborate with orthopaedic hand and general orthopaedic surgeons to create a customized care plan for you.

A CHT may also provide:

Fabricated custom-made orthoses to protect surgical areas, let fractures and trauma heal, and enable safe positioning that supports everyday activities

Testing to identify the cause of an impairment

To ensure the most therapy appointment options after your surgery, please talk with your physician about having your therapy order placed at the time your surgery is scheduled.

Visit nm.org/rehabinfo or scan this QR code for:



- Clinic locations
- Appointment scheduling
- Services provided
- Patient education

Ask your physician for a therapy referral.

Please call 630.933.1500 (TTY:711) to learn more or schedule a visit.