



If you are scheduled for a procedure in Surgical Services 300 (SS300), please use the South Entrance. Upon entering the hospital, the greeters are immediately on the right and will direct you to Surgical Registration.

If you are scheduled for a procedure in Surgical Services 345 (SS345), please use the 345 Entrance and proceed to the registration desk to check in for your procedure.

If you haven't heard from us within three days of your procedure, call:

- **Surgical Services 300:** 630.208.4151
- **Surgical Services 345:** 630.938.3100

If you have any questions the day before your procedure or need to cancel, call:

- **Surgical Services 300:** 630.208.4038
- **Surgical Services 345:** 630.938.3100

TTY for the hearing impaired 630.933.4833



Northwestern Medicine Delnor Hospital
 300 Randall Road
 Geneva, Illinois 60134
 630.208.3000

TTY for the hearing impaired 630.933.4833

nm.org



Preparing For Your Procedure

Northwestern Medicine Delnor Hospital



Pre-procedure patient information

Welcome to Northwestern Medicine Delnor Hospital's Surgical Services department. Thank you for trusting us with your upcoming procedure. We look forward to meeting you and your family and delivering you excellent care.

Before your procedure you can expect:

Pre-admission nurse call

An experienced pre-admission nurse will call you to discuss your health history. Please have a list of medications you take (including over-the-counter medications) with you during this call.

Occurs at least three days prior to your procedure

Takes approximately 30 minutes to complete

If you have not received a call within three days of your procedure, please call:

- **Surgical Services 300:** 630.208.4151
- **Surgical Services 345:** 630.938.3100

Pre-admission testing visit

Based on your health history, additional testing may be necessary at Delnor Hospital.

Setting your procedural time

You will receive a call between 1 and 5 pm one business day before your scheduled procedure to provide you with your arrival time.

You will receive an approximate time for your procedure. *It is important to remember this is only an approximate time, which may change due to unforeseen circumstances.*

If you have not received your call by 5 pm, please call:

- **Surgical Services 300:** 630.208.4038
- **Surgical Services 345:** 630.938.3100

The day before your procedure

Shower before bedtime, using a clean towel to dry your skin. Follow any instructions from your physician or pre-op visit.

Make arrangements for a responsible adult over the age of 18 to drive you home and remain with you at home following your procedure.

If you develop any cold symptoms (cough, sore throat, runny nose), develop a fever, have a new cut or wound, or experience any other changes in your health before your procedure, please contact your surgeon.

Follow all instructions regarding the time to stop eating and drinking prior to your procedure.

The day of your procedure

Call your surgery center if you cannot come at your scheduled time.

Wear loose-fitting, comfortable clothes.

Avoid wearing makeup, jewelry, or contact lenses.

Leave money and other valuables at home.

Use SAGE cloths as directed by your physician.

Bring personal items you may need if you are staying overnight.

If instructed by your pre-admission nurse, please remember to bring your inhaler or CPAP machine with you.

For your privacy and safety, only two guests are allowed in the pre-operative holding area.

What to expect on the day of your procedure

Upon your arrival, you will meet several members of the surgical team who will care for you before, during and after your procedure, including:

Registration—Performs final registration processes including collection of co-payments required by your insurance plan. **Please remember to bring your photo ID, insurance card, and a form of payment** should your insurance company require pre-payment or co-pay payment.

Pre-operative nurse—will confirm your health history, help you change into a hospital gown and start your IV

Anesthesiologist or nurse anesthetist—will ask you questions about previous experiences with anesthesia and talk about pain management during and after your procedure

Surgical nurse—will complete your final preparation and escort you to surgery

Surgeon—will answer any last-minute questions before your procedure

After your procedure is finished, you will be moved to a recovery area. Your family will join you once the majority of the anesthetic has worn off.