

You are scheduled for a procedure at Northwestern Medicine Ambulatory Surgery Center, located at 27650 Ferry Road, Suite 140, Warrenville, IL 60555.

Pre-Surgery Checklist

- Pre-admission nurse call complete
- Pre-op physical required Yes/No (circle one)
Date/time _____
- Lab testing completed Yes/No/N/A (circle one)
- Cardiac clearance Yes/No/N/A (circle one)
completed

Medications

- Instructions received
- Review instructions from your primary care physician, cardiologist and/or surgeon's office
- I have confirmed which medications to stop taking prior to surgery, hold on the day of surgery and take on the day of surgery.

Eating and Drinking

- I am receiving anesthesia.
 - No food or drink after 10:00 pm
 - No gum, candy, cough drops, lozenges or water is permitted after this time
- I am not receiving anesthesia.
 - No eating or drinking restrictions

Day of Surgery

Arrive at the Surgery Center at _____ am/pm
My surgery is scheduled for _____ am/pm

If you have any questions the day before your procedure, or if you need to cancel, please call the Surgery Center at 630.225.2700. TTY for the hearing impaired 630.933.4833.



**Northwestern Medicine
Ambulatory Surgery Center**
27650 Ferry Road, Suite 140
Warrenville, Illinois 60555
630.225.2700

nm.org



Ambulatory Surgery Center

Orthopaedics - Warrenville



Welcome to Northwestern Medicine Ambulatory Surgery Center

Thank you for trusting us with your upcoming procedure. We look forward to meeting you and your family and delivering you excellent care.

Before your procedure, you can expect:

Pre-admission nurse call

An experienced pre-admission nurse will call you to discuss your health history. Please have a list of medications you take (including over-the-counter medications) with you during this call.

Based on your health history, additional testing may be necessary.

Setting your procedural time

You will receive a call between 3:00 and 6:00 pm one business day before your scheduled procedure to provide you with your arrival time. This is an approximate time, and may change due to unforeseen circumstances.

If you have not received your call by 5:30 pm the day before your surgery, please call the Surgery Center at 630.225.2700.

The day before your procedure

If scheduled with anesthesia or a medication that may impair your ability to drive, make arrangements for a responsible adult over the age of 18 to drive you home and remain with you at home following your procedure. You cannot take a taxi home unless the designated adult will be accompanying you upon your discharge.

If you develop any cold symptoms (cough, sore throat, runny nose), develop a fever, infection, are taking any new medications, have a new cut or wound, or experience any other changes in your health before your procedure, please contact the Surgery Center.

Follow all instructions regarding the time to stop eating and drinking prior to your procedure.

The day of your procedure

Call the Surgery Center if you are unable to arrive at your scheduled time.

Wear loose-fitting, comfortable clothing.

Avoid wearing makeup, jewelry or contact lenses.

Lockers are not available; please leave money and other valuables at home.

If instructed by your pre-admission nurse, please remember to bring your inhaler or CPAP machine with you.

For your privacy and safety, only two guests are allowed in the pre-operative holding area.

Upon your arrival, you will meet several members of the surgical team who will care for you before, during and after your procedure, including:

Pre-Operative Nurse: takes your vitals, provides you with a hospital gown and slipper socks, confirms your health history and starts your IV if required.

Anesthesiologist: reviews your health history, discusses previous experiences with anesthesia and reviews the plan for the management of pain and nausea before, during and after the procedure.

Surgical Nurse: completes your final preparation, escorts you to surgery, and assists the surgeon and anesthesiologist with your care in the operating room.

Surgeon: verifies the scheduled surgical procedure and addresses any last minute questions or concerns. After the procedure, the surgeon will speak with your family member or designated other.

After your procedure, you will be moved to the recovery area. Your family will join you once the majority of the anesthetic has worn off. The post-operative nurse will review medications, discharge instructions and any other necessary education with you and your family member or designated adult.

The day after your procedure, one of our nurses will contact you by phone to see how you are feeling, and to answer any questions you may have.