



5-Ingredient Cookies

Yields 20 Cookies

Ingredients

- 2 mashed bananas
- 1 cup old fashion oats
- 1 teaspoon vanilla extract, optional
- 1/4 cup dried fruit (such as raisins or cranberries), mini dark chocolate chips or a mixture of both
- 1/4 cup chopped nuts, optional

Instructions

1. Preheat oven to 350 degrees F.
2. Mix ingredients in a medium bowl until combined well.
3. Scoop 1 tablespoon of batter onto prepared baking sheet. Press each down into a disk.
4. Bake for 12 to 15 minutes or until lightly golden and firm to the touch. Allow them to cool slightly then enjoy.