

McHenry Western Lake County EMS System

Continuing Education: Suicidal Behavior Among Illinois Youth - Winter 2022- Quiz

NAME: _____ BLS or ALS; Date _____ Dept. _____

This quiz covers information contained in the attachment to this quiz. Please review the follow prior to completing quiz.

Suicidal Behaviors Among Illinois Youth: Trends, Risk Factors and Opportunities for Prevention. Illinois Department of Public Health Office of the Women's Health and Family Services Published February 2022

- 1). Within the provided material, which sex has a higher incidence of suicidal ideation?
 - A). Male
 - B). Female
- 2). Which risk factor plays a significant role in youth developing suicidal behaviors?
 - A). Substance Abuse
 - B). Physical Activity
 - C). Violence Victimization
 - D). Residence in a urban setting
- 3). Which ethnic group or groups, have experienced a steady increase in youth suicide rates?
 - A). Black youth
 - B). Black and Hispanic / Latino youth
 - C). Caucasian
 - D). All other races
- 4). Suicide rates among Illinois youth remain elevated in which geographical setting?
 - A). Urban Counties
 - B). Cook County
 - C). Rural Counties
 - D). Cook County collar counties
- 5). In the material provided, what source was used to determine the number of youth suicides within Illinois?
 - A). Death Certificates
 - B). Medical Records
 - C). YRBS data
 - D). Inquiries made to the Psychiatric Emergency Services hotline

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- 6). During the overall time period in the provided material, what age had the highest incidence of suicide?
- A). 10-14 year old
 - B). 10-19 year old
 - C). 15-19 year old
 - D). 12-16 year old
- 7). What particular demographic group identified in the material had the highest rates of both suicidal behaviors and violence victimization?
- A). Heterosexual youth age 10-14
 - B). Caucasian youth age 12-16
 - C). LGB youth living in urban settings
 - D). LGB youth
- 8). Between 2010 and 2020 which social demographic group experienced a significant decrease in youth suicide rates?
- A). Cook County heterosexual youth
 - B). Rural County heterosexual youth
 - C). Cook County LGB youth
 - D). None
- 9). What single risk factor is the most significant in youth experiencing a death by suicide?
- A). Previous suicide attempt
 - B). Violence victimization
 - C). Substance abuse
 - D). Age 12-16 years residing in a rural setting
- 10). Risk factors identified in the provided material were categorized in which three major categories?
- A). Violence victimization
 - B). Physical activity and weight status
 - C). Violence victimization, physical activity/ weight status and substance abuse
 - D). Violence victimization, economic status and sexual orientation

If you are NOT a member of the McHenry Western Lake County EMS System, please include your address on each optional quiz turned into our office. Our mailing address is: Northwestern Medicine – McHenry Hospital EMS, 4201 Medical Center Drive, McHenry, Illinois 60050. We will forward verification of your continuing education hours to your home address. If you ARE a member of our EMS System, your credit will be added to your Image Trend record. Please refer to Image Trend to see your current list of continuing education credits. Any questions can be addressed to Cindy Tabert at 224-654-0160. Please scan/email your quiz to Cindy Tabert: cynthia.tabert@nm.org