

Comprehensive Care for the Whole Family

Northwestern McGaw Family Medicine Residency at Lake Forest Hospital

Northwestern Medicine family medicine physicians are primary care physicians who provide comprehensive health care for people of all ages.

At Northwestern Medicine, we are committed to better medicine. That includes training the next generation of physicians to deliver better care to our patients. Through Northwestern University, we are privileged to host the Northwestern McGaw Family Medicine Residency Program at Northwestern Medicine Lake Forest Hospital.

Resident physicians collaborate with Northwestern University Feinberg School of Medicine faculty members. They are fully licensed, board-certified physicians, often referred to as attending physicians.

Why choose family medicine

Choosing a primary care physician is important for you and your family's health and wellness. We provide comprehensive care for patients of all ages, such as preventive medicine, treatment for minor injuries and illnesses, and chronic disease management. We can connect you with specialists if needed.

To schedule an appointment, please call **847.535.7157** (TTY: 711).

Northwestern Medicine Grayslake Outpatient Center

1475 East Belvidere Road, Pavilion C, Suite 385 Grayslake, Illinois 60030

nm.org/locations/mcgaw-family-medicineresidency-lake-forest-hospital

Family Medicine Services

Physicals for people of all ages

- Routine physical examinations for adults and wellness visits for infants, children and adolescents
- Physicals for students of colleges and universities that require specific medical screenings
- > School sports physicals
-) Annual school physicals
- Age-appropriate cancer and heart disease screenings

Gynecologic and obstetric care

- Noutine examinations and Pap smears
- Pre-pregnancy planning, prenatal care and deliveries
- Vaginal issues
- Colposcopies

Preventive care

- Vaccines
- Guidance about screenings, such as mammograms and colonoscopies
- Personalized advice on how to reduce the risk of life-threatening conditions such as heart disease, cancer and obesity

Treatment of a variety of acute problems

- Colds
- Knee and shoulder

) Flu

- problems
- Headaches
- > Sports injuries
-) Back pain

Management of chronic medical conditions

- Allergies
- Obesity
- Asthma
-) Sinusitis
-) Hypertension
- > Tobacco cessation
- High cholesterol levels
-) Thyroid disease

Grayslake Outpatient Center

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Family Medicine



Deborah Clements, MD



Joyce Jones-King, MD



Adiba Khan, MD



Ariel Magallon Donnelly, MD



Krithika Malhotra, PhD



Temiwumi Ojo, MD



Paul Ravenna, MD

Family Medicine Resident Physicians – North Team



Zaynah Ahmed, MD



Megha Gangadhar, MD



Aubrey Haughn, MD



Eduardo Orozco-Rodriguez, MD



Estelle Rousseau, MD



Brian Salcedo, DO

Family Medicine Resident Physicians – South Team



Maribel Munoz, MD



Angelica Sanchez, MD, MPH



Paarul Sinha, MD



Allison Stickney, DO



Laurine Tiema-Benson, MD, MPH



Gian Villagomez, MD

Family Medicine Resident Physicians – East Team



Rachel Bernardo, DO



Jeriann Collymore, MD, MPH



Elisa Martinez, MD



Kipp Morgan, MD



Helena Stevenson, MD, MPH



Keven Stonewall, MD

Family Medicine Resident Physicians – West Team



Oscar Castro, MD



Camryn Jones,



Nahae Kim, MD, MPH



Myrna Sobhy, MD



Sandra Spychalska, MD



Juan Aguirre Villalobos, MD