

Pediatric Rehabilitation Program Services

Fiscal Year 2025

The Northwestern Medicine Pediatrics Program Marianjoy Rehabilitation Hospital provides comprehensive rehabilitation care to children who have activity limitations due to impairments.

Our program aims to:

- Restore health.
- Minimize impairment.
- Reduce activity limitations.
- Optimize patient functioning.
- Help patients make accommodations for daily needs.
- Support patients' participation in their community.

We help patients maximize their physical, social, mental (cognitive) and communication abilities. Daily medical management is a key part of the program. It helps address existing health problems and prevent secondary complications.

The average age of patients treated in the Pediatric Program is 13 years. The average length of stay is 16 days.

Program costs

Our staff talks with each potential patient and their family about fees, costs and paying for our services.

Where we provide care

Our program has four to six inpatient beds in a secure unit located on the 3 West Unit.

When we provide care

Our nurses provide care all day, every day. Your child will get therapy services customized to meet their unique needs for at least 15 hours per week. Therapy is typically provided during daytime hours on weekdays. Therapy schedules are closely monitored and adjusted. If needed, your child may receive therapy on weekends to ensure their goals are achieved. This may include:

- Physical therapy
- Occupational therapy
- Speech therapy

One of our physicians will be on call all the time, and a resident physician will be on-site 24/7.

We offer psychology services and spiritual care to all patients. These services are available to all patients and are typically available during normal business hours.

Pediatric Rehabilitation Program Services (continued)

Admission

Marianjoy Rehabilitation Hospital will admit and assign patients to the appropriate level of care based on their diagnoses and medical needs.

We provide services to patients who can participate in and benefit from treatment, regardless of race, creed, color, sex, age, religion, disability, marital status, membership in military forces, sexual orientation, national origin, or any other basis prohibited by law.

We offer interpreter services and educational materials in multiple languages. We will work with you to determine how we can best accommodate your cultural needs.

Admission criteria

This program is only for people under 18.

We will only admit people who have impairments such as:

Stroke

Non-traumatic brain injury

Traumatic brain injury

Cerebral palsy

Cancer

Non-traumatic spinal cord dysfunction

Orthopaedic conditions

Traumatic spinal cord injury

Pulmonary conditions

Congenital conditions

Developmental disability

Acute inpatient rehabilitation must be a medical necessity. This type of medical need is outlined below.

All of the following must apply to your child:

They need close medical management that requires a physician and nurse to be available for 24 hours a day in a hospital setting.

They can participate in and benefit from three hours of therapy every day.

They need a coordinated multidisciplinary team approach for their care.

They have realistic rehabilitation goals and can expect significant improvement.

In addition, your child must meet these other criteria:

Their condition is medically stable, but still needs close medical management. If needed, the program medical director can review your child's case and situation to help determine if inpatient rehabilitation is appropriate.

They do not have any limitations that keep them from participating appropriately in an intense level of rehabilitation.

Their psychological and behavioral status is stable enough for them to

- Fully participate in therapy.
 - Be safe with the supervision this program provides.
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Pediatric Rehabilitation Program Services (continued)

Our services

Education

We will set up education appointments during your child's stay. This will help your child and their support system:

- Experience everyday activities and movement.
- Learn about rehabilitation plan and goals.

Each patient has a patient and family education program binder that you and the care team will use. The care team will review educational material and instructions with you and your child, and then put it in the binder.

Our caregiver support group is also open to any patient's support system members.

Direct services

Marianjoy employees provide these services:

Case management and social work

Laboratory services

Assistive Technology Center at Marianjoy

Nursing

Nutrition services

Occupational therapy

Pharmacy

Physical therapy

Psychology

Radiology (X-ray and CT)

Respiratory therapy

Speech therapy

Spiritual care

Swallowing Center at Marianjoy

Tellabs Center for Neurorehabilitation & Neuroplasticity

Physical Medicine and Rehabilitation (Physiatry)

Wheelchair and Positioning Center at Marianjoy

Wound care

Services provided by Marianjoy contractors

Hemodialysis

Peripherally inserted central catheter (PICC) services

Specialty physician services

These specialty services are available with a referral. They are provided by consulting physicians:

Cardiology Orthopaedics

Hospitalist care Otolaryngology

Infectious disease care Pediatrics

Internal medicine Podiatry

Nephrology Psychiatry

Neurology Pulmonary medicine

Optometry Radiology

Orthotics and prosthetics

Program team

Physician

Leads the care team

Manages your child's care

Writes orders (prescriptions) for services such as:

- Therapies
 - Medication
 - Family training
 - Special procedures
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Pediatric Rehabilitation Program Services (continued)

Resident physician (physician in training)

Manages medical care under the attending physician's supervision

Available on-site 24/7

Nursing staff

Assesses and treats your child

Helps your child and their loved ones learn about:

- Medication
- Pain
- Skin care
- Care planning
- Bowel and bladder function
- Safety and staying healthy

Encourages carry-over of skills your child learned in therapy.

Case manager

Coordinates your child's care

Helps your child communicate with their family

Creates a discharge plan, including referrals and information on equipment and community resources

Physical therapist

Helps you improve your child's functional mobility skills related to:

- Bed mobility
- Transfers
- Stairs
- Walking
- Balance
- Pain management
- Endurance

Updates you on skills your child learned

Occupational therapist

Helps your child better perform everyday activities, such as:

- Dressing
- Bathing
- Toileting
- Bathroom transfers

Recommends equipment to help your child perform self-care

Updates you on skills your child learned

Speech therapist

Treats swallowing disorders

Suggests diets to help your child safely and efficiently eat via mouth

Teaches you about communication and cognitive-communication disorders

Provides counseling

Psychologist

Assesses mental and emotional functioning

Provides treatment as needed

Educates you to address any adjustment issues your child has

Addresses chemical dependency counseling needs, if needed

Hospital chaplain (non-denominational spiritual care)

Supports your child's well-being and that of your family

Provides health interventions

Pediatric Rehabilitation Program Services (continued)

Discharge and transition

When we discharge patients from the program, they often go to:

- Home (with or without additional services)
- Extended care
- Subacute or skilled nursing facility
- Acute care hospital

Discharge criteria

Your child must meet our program requirements and make significant functional improvements to stay in our program. If they do not need daily hospital medical management, we will help you plan a transfer to another level of care, such as outpatient rehabilitation.

We consider patients to be ready for discharge when they meet one or more of these criteria.

The patient:

Has met their established goals

Needs a different level of care because their status changed

Is not making progress toward their goals

Is behaving in ways that hinder their ability to participate in and benefit from our program

Needs acute care in a hospital

Asks for discharge or transfer to another care facility (Their family may also ask for this.)

Your child's discharge plan will include their goals (and the goals of their loved ones) so they can go home or to a community setting as their ability and support system allows.

Referrals

We accept referrals from many different sources, including:

Social workers or discharge planners

Physicians

Community health agencies

Independent healthcare facilities and agencies

Residential living facilities

Vocational guidance centers

Insurance representatives, such as:

– Worker's compensation specialists

– Health management organization (HMO) representatives

Patients, their families and loved ones

