Northwestern Medicine®

Neurological Program Services
Fiscal Year 2025

The Neurological Program at Northwestern Medicine Marianjoy Rehabilitation Hospital provides comprehensive rehabilitation services to people with neurologic impairments.

Our program aims to:

- Restore health.
- Decrease the effects of an injury.
- Reduce activity limitations.
- Improve patients' abilities.
- Help patients learn how to meet daily needs.
- Support patients' participation in their community.

We help patients maximize their physical, social, mental (cognitive) and communication abilities. Daily medical management is a key part of the program. It helps address existing health problems and prevent complications.

The average age of patients treated at Northwestern Medicine Marianjoy Rehabilitation Hospital for a neurological disorder is 67 years. The average length of stay is 15 days.

Program costs
Our staff talks with each potential patient about fees, costs and paying for our services. Payer sources may include Medicare, Medicaid and private insurance plans.

Where we provide care
Our program has 28 inpatient beds located in the 2 West Unit. Sometimes, we may need to place patients in another unit. When that happens, we offer the same level of services that we provide in the 2 West Unit.

When we provide care
Our nurses provide care all day, every day. We will closely monitor and adjust your therapy schedule as needed to help you meet your goals. Therapy is typically provided during daytime hours on weekdays. Therapy schedules are closely monitored and adjusted. If needed, you may receive therapy on weekends to ensure your goals are achieved. This may include:

- Physical therapy
- Occupational therapy
- Speech therapy

One of our physicians will be on call all the time, and a resident physician will be on-site 24/7.

We offer psychology services and spiritual care to all patients. These services are available to all patients during normal business hours.

Neurological Program Services (continued)

Referrals

We accept referrals from many different sources, including:

Social workers or discharge planners

Physicians

Community health agencies

Independent healthcare facilities and agencies

Residential living facilities

Vocational guidance centers

Insurance representatives, such as:

- Workers' compensation specialists
- Health management organization (HMO) representatives

Patients, their families and loved ones

Admission

Marianjoy Rehabilitation Hospital will admit and assign you to the right level of care based on your diagnoses and medical need.

We provide services to patients who can participate in and benefit from treatment, regardless of race, creed, color, sex, age, religion, disability, marital status, membership in military forces, sexual orientation, national origin, or any other basis prohibited by law.

We offer interpreter services and educational materials in many languages. We will work with you to determine how we can best meet your cultural needs.

Admission criteria

This program is only for adults who are 18 and older.

We will only admit people to the Neurological Program who have a neurological condition such as:

Guillain-Barré syndrome

Multiple sclerosis (MS)

Parkinson's disease

Polyneuropathy

Cerebral palsy

Amyotrophic lateral sclerosis (ALS)

Myasthenia gravis

Critical illness myopathy

Acute (short-term) inpatient rehabilitation must be a medical necessity. This type of medical need is outlined below.

All of the following must apply to you:

You need close medical management that requires a physician and nurse to be available for 24 hours a day in a hospital setting.

You can participate in and benefit from 3 hours of therapy every day.

You need a coordinated multidisciplinary team approach for your care.

You have realistic rehabilitation goals and can expect major improvement.

In addition, you must meet these other criteria:

Your condition is medically stable, but still needs close medical management. If needed, the program medical director can review your situation to help determine if inpatient rehabilitation is right for you..

You do not have any limitations that keep you from actively participating in an intense level of rehabilitation.

Your mental and emotional status is stable enough for you to

- Fully participate in therapy.
- Be safe with the supervision this program provides.

Neurological Program Services (continued)

Our services

Education

We will set up education appointments for you and your loved ones during your stay. This will help you and your family and caregivers (support system):

- Experience everyday activities and movement.
- Learn about your rehabilitation plan and goals.

You will get a patient and family education program binder. Your care team will review educational material and instructions with you, and then put it in the binder.

Our caregiver support group is open to your support system members.

Direct services

Marianjoy employees provide these services:

Case management and social work

Lab services

Assistive Technology Center at Marianjoy

Nursing

Nutrition services

Occupational therapy

Pharmacy

Physical therapy

Psychology

Radiology (X-ray and CT)

Respiratory therapy

Speech therapy

Spiritual care

Swallowing Center at Marianjoy

Tellabs Center for Neurorehabilitation & Neuroplasticity

Physical medicine and rehabilitation (physiatry)

Wheelchair and Positioning Center at Marianjoy

Wound care

Services provided by Marianjoy contractors

Hemodialysis

Peripherally inserted central catheter (PICC) services

Specialty physician services

These specialty services are available with a referral. Consulting physicians provide these services:

Cardiology

Hospitalist care

Infectious disease care

Internal medicine

Nephrology

Neurology

Optometry

Orthotics and prosthetics

Orthopaedics

Otolaryngology (ear, nose and throat)

Pediatrics

Podiatry

Psychiatry

Pulmonary medicine

Radiology

Program team

Attending physician

Leads your care team

Manages your care

Writes orders (prescriptions) for services such as:

- Therapies
- Medication
- Family training
- Special procedures

Neurological Program Services (continued)

Resident physician (physician in training)

Manages medical care under the attending physician's supervision

Available on-site 24/7

Nursing staff

Assesses and treats you

Helps you and your loved ones learn about:

- Medication
- Pain
- Skin care
- Care planning
- Bowel and bladder function
- Safety and staying healthy

Encourages you to use skills you learn in therapy

Case manager

Coordinates your care

Helps you communicate with your family

Creates a discharge (leaving) plan, including referrals and information on equipment and community resources

Physical therapist

Helps you improve your functional mobility skills related to:

- Bed mobility
- Transfers to and from chair and wheelchair (if needed)
- Stairs
- Walking
- Balance
- Pain management
- Endurance

Updates you and your family on skills you learned

Occupational therapist

Helps you perform everyday activities, such as:

- Dressing
- Bathing
- Toileting
- Bathroom transfers

Recommends equipment to help you care for yourself

Updates you and your family on skills you learned

Speech therapist

Treats swallowing disorders

Suggests diets to help you safely and efficiently eat by mouth

Teaches you and your family about communication and cognitive-communication disorders

Provides counseling

Psychologist

Assesses mental and emotional functioning

Provides treatment as needed

Educates you and your family to address any adjustment problems

Talks about counseling for drug or alcohol problems, if needed

Hospital chaplain (non-denominational spiritual care)

Supports your well-being and that of your family

Provides well-being services (such as hand massage, aromatherapy, meditation groups and pain management groups)

Neurological Program Services (continued)

Discharge plan

When we discharge patients from the program, they often go to:

- Home (with or without additional services)
- Extended care
- Assisted living facilities
- Subacute or skilled nursing facility
- Acute care hospital
- Long-term acute care hospital

Discharge criteria

You must meet our program requirements and make meaningful functional improvements to stay in our program. If you do not need daily hospital medical management, we will help you plan a transfer to another level of care, such as outpatient rehabilitation.

We consider patients to be ready for discharge when they do 1 or more of the following.

The patient:

Has met their goals

Needs a different level of care because their status changed

Is not making progress toward their goals

Behaves in ways that keep them from fully participating in therapy

Needs acute care in a hospital

Asks for discharge or transfer to another care facility (Their family may also ask for this.)

Your discharge plan will include your goals (and the goals of yoursupport system) so you can go home or to another place as you are able.

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