

What to Bring for Your Inpatient Stay

To help you plan for a smooth transition to your inpatient stay at Northwestern Medicine Marianjoy Rehabilitation Hospital, please start getting certain items and information before you are admitted.

Use this checklist to help you get ready for inpatient care at Marianjoy Rehabilitation Hospital.

Personal items

You should bring:

- A list of prescription and non-prescription medications, vitamins and supplements you are taking, including the dosage and brand name
- A photo ID
- Insurance cards that have with the following information:
 - Insurance company
 - Your name
 - ID and group numbers
 - Employer's name and phone number, if applicable
- Medicare or Medicaid card, if applicable
- Personal hygiene items such as:
 - Toothbrush
 - Toothpaste
 - Shampoo
 - Hairbrush
 - Hair dryer
 - Shaving supplies
 - Deodorant

Clothing suggestions

As part of your therapy, you will be getting dressed in regular clothing each day. You will need comfortable, loose-fitting clothes. We recommend that you label clothing with your name. Your family and support system should be prepared to do your laundry; laundry services are **not** available on-site at Marianjoy.

We recommend that the clothing you bring include the following items:

- Pants with an elastic waistband, such as cotton or nylon sweatpants
- Comfortable shirts that are easy to put on and take off
- Lightweight jacket
- A swimsuit, if aquatic therapy is prescribed
- Athletic-style socks
- Underwear
- Athletic or rubber-soled shoes with ties or Velcro®
- Pajamas

Other considerations

Smoking is not allowed anywhere on the Marianjoy campus. Additionally, Marianjoy is not responsible for lost or stolen items.

We recommend that you do **not** bring the following:

- Valuable jewelry
- Expensive electronic items
- Cash
- Heaters, heating pads, or equipment for food preparation or storage
- Firearms or other weapons

If you have any questions about this information or the admission process, please call 630.909.8920 (TTY: 711).