

# How to Use NARCAN for Overdose

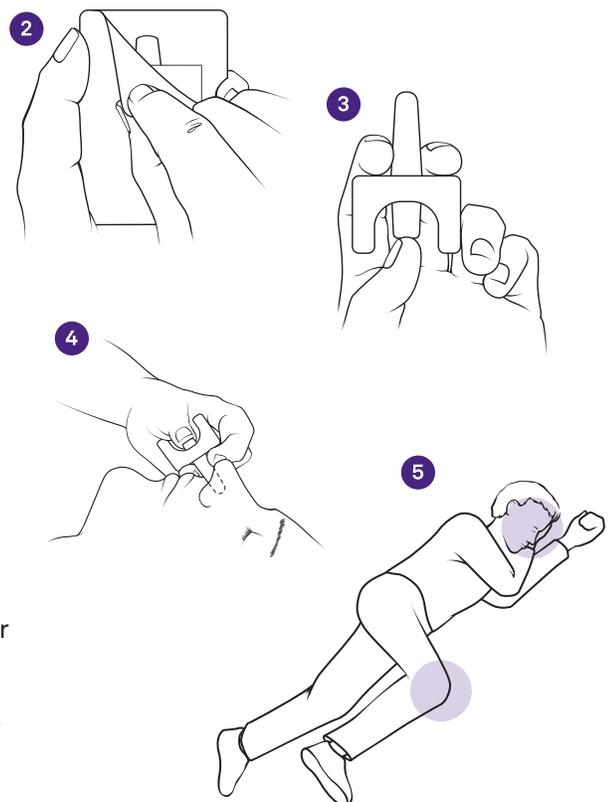
## Common signs of an opioid overdose

- › Not moving or waking up
- › Slow breathing or not breathing at all
- › Blue lips and/or fingernails
- › Making choking or gurgling sounds, or snoring
- › Cold skin or cool, wet skin
- › Tiny pupils

Naloxone, commonly called NARCAN®, can reverse an opioid overdose. You can easily spray it in the nose during an emergency.

## How to use NARCAN

- 1 Move the person onto their back.
- 2 Peel back the foil on the NARCAN nasal spray.
- 3 Put your thumb under the red plunger. Put your middle and pointer finger on either side of the nozzle.
- 4 Put the NARCAN nozzle into 1 nostril until your fingers on both sides of the nozzle touch the bottom of the person's nose. Firmly press plunger.
- 5 If you do not think there is a head or neck injury, move the person so they are lying on their side. Put one of their hands under their head. Bend their top leg at the knee to keep them lying on their side.
- 6 Wait 2 or 3 minutes. If the person does not respond to voice or touch or is not breathing normally, move them to their back again. Open a new NARCAN nasal spray and use it in their other nostril.
- 7 If they are still not breathing, start rescue breathing if you can. Stay with them until help arrives.



# Where to get NARCAN at no cost

You can pick up NARCAN at any of these Northwestern Medicine locations during the hours listed.

## **Chicago**

Northwestern Memorial Hospital  
Feinberg Pavilion Lobby  
251 East Huron Street  
Available 24/7

## **DeKalb**

Northwestern Medicine Kishwaukee Hospital  
Emergency Department Lobby  
1 Kish Hospital Drive  
Available 24/7

Northwestern Medicine Ben Gordon Center  
12 Health Services Drive  
Available 24/7

Northwestern Medicine Ben Gordon  
Center—Community Support Program  
631 South 1st Street  
Monday–Thursday, 8:00 am to 8:30 pm  
Friday, 8:00 am to 5:00 pm

## **Geneva**

Northwestern Medicine Delnor Hospital  
Emergency Department Lobby  
300 South Randall Road  
Available 24/7

## **Grayslake**

Northwestern Medicine Grayslake Outpatient Center  
Emergency Center Grayslake Lobby  
1475 East Belvidere Road, Suite 1603  
Available 24/7

## **Huntley**

Northwestern Medicine Huntley Hospital  
Emergency Department Lobby  
10400 Haligus Road  
Available 24/7

## **McHenry**

Northwestern Medicine McHenry Hospital  
Emergency Department Lobby  
4201 Medical Center Drive  
Available 24/7

## **Lake Forest**

Northwestern Medicine Lake Forest Hospital  
Emergency Department Lobby  
1000 North Westmoreland Road  
Available 24/7

## **Orland Park**

Northwestern Medicine  
Orland Park Behavioral Health Services  
15300 West Avenue, Suite 313, Building C  
Monday, Wednesday and Friday, 8:45 am to 9:00pm  
Tuesday and Thursday, 8:45 am to 3:40 pm

## **Palos Heights**

Northwestern Medicine Palos Hospital  
Emergency Department Lobby  
12251 South 80th Avenue  
Available 24/7

## **Sandwich**

Northwestern Medicine Valley West Hospital  
Emergency Department Lobby  
1302 North Main Street  
Available 24/7

# Where to get NARCAN at no cost (continued)

You can pick up NARCAN at any of these Northwestern Medicine locations during the hours listed.

## **Sycamore**

Northwestern Medicine Behavioral Health Services  
760 Foxpointe Drive  
Monday–Wednesday, 8:00 am to 8:00 pm  
Thursday and Friday, 8:00 am to 5:00 pm

## **Wheaton**

Northwestern Medicine Marianjoy  
Rehabilitation Hospital  
Entrance 2 Lobby  
26W171 Roosevelt Road  
Monday–Friday, 7:00 am to 6:00 pm

## **Winfield**

Northwestern Medicine Central DuPage Hospital  
Emergency Department Lobby  
25 Winfield Road  
Available 24/7

Northwestern Medicine Central DuPage Hospital  
Behavioral Health Services  
27W350 High Lake Road  
Monday–Friday, 9:00 am to 5:00 pm

## **Woodstock**

Northwestern Medicine Woodstock Hospital  
Emergency Department Lobby  
3701 Doty Road  
Available 24/7

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NARCAN saves lives. Take a box at no cost for your home, car or purse.  
**If you need medical help or have a medical emergency, please call 911.**