

Take Truvada exactly as prescribed at the same time each day.

Truvada

Truvada® is a medication used to treat human immunodeficiency virus (HIV) or reduce your risk of getting HIV. It is a combination of 2 medications — emtricitabine and tenofovir disoproxil fumarate.

Dosage and administration

Your physician and pharmacist will decide how much and how often you should take Truvada. This will be based on how well your kidneys are working. Take Truvada exactly as prescribed and take it at the same time each day.

Truvada can be taken with or without food. Take it with a full glass of water.

Do not stop taking Truvada until your physician tells you to do so. Refill your prescription before you run out.

Missed dose

It is important not to miss any doses of your medication. Missing a dose will increase your risk of contracting HIV or becoming resistant to Truvada (meaning the medication will not be as effective).

If you do miss a dose of your medication, take it as soon as you remember unless it is almost time for your next dose. If it is close to your next dose, skip the missed dose and continue at your scheduled time. Never take a double or extra dose of Truvada.

Drug interactions

Tell your physician and pharmacist about all medications you take at home, including other medications (prescription, over-the-counter and herbal). Some of these may interact with Truvada.

Side effects

Truvada may cause:

- Diarrhea
- Nausea
- Dizziness
- Headache
- Skin discoloration of hands and feet

When to call your physician

Call your physician right away, if you have:

- An allergic reaction, including skin rash, hives, itching or swelling of the lips, tongue or face
- Trouble breathing
- Flu-like symptoms
- Loss of appetite
- Unusual weakness or tiredness

If you have any questions, please ask your physician or pharmacist.