

IV Contrast Dye Allergy Preparation

Iodine contrast or dye will be used during your test or procedure. Before the test, patients with an iodine allergy may need to take certain medications. This is important to avoid serious side effects from the dye.

Before the test, patients with an iodine allergy may need to take certain medications.

Before the test or procedure

At least 24 hours before your test:

- Obtain prescriptions from your physician.
- Fill prescriptions.

13 hours before your test:

- Take prednisone 50 mg by mouth.

7 hours before your test:

- Take prednisone 50 mg by mouth.

1 hour before your test:

- Take prednisone 50 mg by mouth.
- Take Benadryl® tablets 50 mg by mouth.

Take these medications with water. If you are not allowed to take food or liquid before your test, take the medications with small sips of water.

If these medications are not taken as directed, your test may not be done.

Northwestern Medicine – Health Information Resources

For more information, contact Northwestern Memorial Hospital's Alberto Culver Health Learning Center (HLC) at hlc@nm.org, or by calling 312.926.5465. Health information professionals can help you find the information you need and provide you with personal support at no charge.

For more information about Northwestern Medicine, please visit our website at nm.org.

Para asistencia en español, por favor llamar al Departamento de Representantes para Pacientes al 312.926.3112.

The entities that come together as Northwestern Medicine are committed to representing the communities we serve, fostering a culture of inclusion, delivering culturally competent care, providing access to treatment and programs in a nondiscriminatory manner and eliminating healthcare disparities. For questions, please call either Northwestern Memorial Hospital's Patient Representatives Department at 312.926.3112, TDD/TTY 312.926.6363 or the Northwestern Medical Group Patient Representatives Department at 312.695.1100, TDD/TTY 312.926.6363.

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