

IV Contrast Dye Allergy Preparation

Your test or procedure requires the use of iodine contrast or dye. If you have an iodine allergy, you may need to take certain medications before the test. This is important to avoid serious side effects from the dye.

If you have any questions, ask your physician.

Before the test or procedure

At least 24 hours before your test:

- ☐ Fill the prescriptions that your physician gave you for the test.

13 hours before your test:

- ☐ Take 50 milligrams (mg) of prednisone by mouth, as prescribed.

7 hours before your test:

- ☐ Take 50 mg of prednisone by mouth, as prescribed.

1 hour before your test:

- ☐ Take 50 mg of prednisone by mouth, as prescribed.
- ☐ Take 50 mg of diphenhydramine HCl (Benadryl®) by mouth, as prescribed.

Take these medications with water. If you are not allowed to take food or liquid before your test, take the medications with small sips of water.

You must take these medications directed. If you do not take these medications, you cannot have the test or procedure.