Radiation Exposure

Your procedure today used X-ray imaging, a type of radiation. While we used safety measures to limit your exposure to radiation, your procedure needed a radiation dose at the higher end of the normal range.

Radiation skin changes

Some factors may make your skin more sensitive to radiation. Risk factors include:

- Previous radiation treatments to that area
- Medications
- Diseases
- Genetic conditions

There is a chance that you may notice some changes to your skin in the area where your care team used radiation. Look for these symptoms in the exposed area of your skin:

- Rash or skin redness
- Hair loss
- Itching
- Dry, flaky skin

Most often, these conditions will go away on their own. In rare cases, skin conditions may need more medical attention.

Follow-up care

2 weeks after your procedure

1. Please inspect the skin located _________________. If you cannot see the area easily, ask a caregiver to check the area.

2. Call ___________________________ at ______________________. Leave a message letting your care team know if your skin has redness or a rash.

3. You will get a call back within 24 hours (Monday through Friday) to let you know what to do next.
**Appointment**
In some cases, patients may need follow-up about 6 weeks after the procedure.

☐ You do not need a 6-week follow-up visit.
☐ You will have a 6-week follow-up visit or phone call on (date) ________________.

**Contact information**
If you have any questions or need help, please call ____________________________ at ____________________________.

For more information about Northwestern Medicine, please visit our website at nm.org.
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